

**Special Thanks to:**

Iwaki Onigajo Village, Tabito Ofukuro Lodge, Wonder Farm and Iwaki City Rivers and Waterways Division for the photos on pages 2-3.

**Cover Photo:** First landing of bonito for the season. This haul of bonito was caught in Onahama in May with the fish remaining in season until early autumn.

Photo courtesy of Iwaki City Hometown Public Relations Division.

**Back Cover Photo:** Kozo Temple. Located north-west of Ueda, this temple is popular in May when the Japanese iris is in full bloom.

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21 Umemoto Taira Iwaki City Fukushima Prefecture Japan 970-8686

〒970-8686 福島県いわき市平字梅本21 いわき市役所 観光交流課

<http://www.city.iwaki.lg.jp>

TEL: +81 246 22-1279

Fax: +81 246 22-7581

Email: [kankokoryu@city.iwaki.fukushima.jp](mailto:kankokoryu@city.iwaki.fukushima.jp)

# Iwaki Vision



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**From the Editor**

There are lots of hidden gems to find around the large city of Iwaki. I came across one such place among some inconspicuous rice fields north of Ueda.

No Ra Bo is a family-run business that specialises in pudding and cakes. You can go inside the tiny cottage-like shop and enjoy some homemade desserts. They also sell jams, and baked goods. Their homemade pudding melts in your mouth as you savour its rich flavour.

If you don't have a car, you might find it difficult to access No Ra Bo. But it is worth taking the time on the weekend to go out and explore the deeper parts of your region, whether by going on a drive through the mountains, riding a bike through the rice fields or hiking along a peaceful forest trail.

Iwaki is a large city made up of 14 former cities towns and villages that amalgamated just over 50 years ago. Each of those 14 districts has their own characteristics and secret spots just waiting to be discovered.

- Ben



Fresh homemade pudding and tea



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