



Iwa-Key

Volume 12
July 2018

Iwaki City Monthly Event & Information Guide

Iwa-Key



Iwaki Beaches Opening this Month!

The beach season is just about underway in Iwaki with three of the city's beaches opening over the period of 14 July to 16 August.

The beaches that will be opening this year are Yotsukura, Nakoso and Usuiso beaches. These beaches will have lifeguards on duty from 9:00am-4:00pm during the month long opening period. Please do not swim at any beaches other than the three designated bathing areas as they are not monitored by lifeguards.



To celebrate the official beach season of 2018, there will be an *umibiraki* (beach opening ceremony) in Yotsukura on 14 July with a water balloon tournament from 12pm-4pm (registration from 11:30am). The first 8 teams to register can participate in the competition with a registration fee of ¥1000 for each team. Each team must consist of 4 members of at least primary school age or older and must apply by Monday 9 July.

Applications for Water Balloon Tournament

Email: contact@japan-ma.com

TEL: 0246-22-7581 (Tourism Projects Division, Iwaki City Hall)

There are many other activities going on by the Iwaki seaside over July which have been listed on page 2 of this issue of Iwa-Key.

For general inquiries please contact the Tourism Projects Division of Iwaki City Hall (TEL: 0246-22-7480).

Notice about Iwa-Key

Thank you to those who contacted the editor of Iwa-Key to request a printed version of this newsletter. We hope everyone else will continue to enjoy monthly editions of Iwa-Key online from now on.

Iwa-Key can be viewed on Iwaki City's official website:
<http://www.city.iwaki.lg.jp/www/contents/1450264862760/index.html>

The IIA also uploads Iwa-Key to their website:
<http://ia-fukushima.or.jp/>

Counselling Service for Foreigners

Yoriso Hotline (Helpline for Foreigners): Consultation service available in Japanese, English, Korean, Tagalog, Chinese, Spanish, Portuguese and Thai. Available languages vary depending on time. Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement or human trafficking? Please call us about any problem you may have. Your privacy will be protected. Free.
TEL: 0120-279-226. Mon-Fri, 10am-10pm.

TELL Lifeline: TELL is a professional non-profit organisation that provides counselling to English-speaking foreigners all over Japan. The lifeline is staffed by highly trained volunteer phone counsellors and provides free, non-judgemental and confidential phone counselling and information 365 days a year from 9am - 11pm.
TEL: 03-5774-0992.

For more information, check out their website at <http://www.telljp.com> or e-mail them at admin@telljp.com.

Safety and Consultation Centre for Women (Police Box in front of Iwaki Station): For consultations related to women's safety. Free. Can only speak Japanese. 10am-6pm daily.
TEL: 0246-25-9344.

Iwa-Key is produced by the Tourism Exchange Division Iwaki City Hall

21 Umemoto, Taira, Iwaki City
Fukushima Prefecture 970-8686
Tel: 0246-22-1279 Fax: 0246-22-7581
Email:
kankokoryu@city.iwaki.fukushima.jp
mcmullen-b@city.iwaki.fukushima.jp

Iwaki City's Official Website:
<http://www.city.iwaki.lg.jp/>
Iwaki International Association (IIA)
Official Website:
<http://www.ia-fukushima.or.jp>
TEL: 0246-22-7409 FAX: 0246-22-7581
Email: info@ia-fukushima.or.jp
(The IIA is also on Facebook and Twitter)

The Tourism Exchange Division and the IIA are open to the public. Please feel free to drop by, call, or e-mail us anytime.

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Iwaki Festivals and Events



Your guide to what's happening around Iwaki City this month

| Event | Time & Date | Venue | Details | Inquiries |
|---------------------------------------|---|--|---|---|
| Nakoso Beach Festival | Sat 7 th – Sun 8 th Jul 6pm-8pm on the 7 th 8:30am-2pm on the 8 th | Nakoso Beach (in front of Shimokawaso Hotel) | To celebrate the start of the beach season in Iwaki, you can try out some stand-up paddleboard, jet ski and surfing activities, beach flag game or a mini lifesaving program. Some activities require registration in advance. | Nakoso Town Planning Support Centre TEL: 0246-63-5055 Email: nakoso@silver.ocn.ne.jp |
| Ueda Tanabata Festival | Sun 8 th Jul 12pm-8pm | Hotel Access and Ueda 2nd Park, Nakoso | Local restaurants will band together to liven up Ueda town. This festival has a Showa-style atmosphere with a stalls, flea markets, yosakoi and band performances. | H.P.T Executive Committee TEL: 0246-64-8347 |
| Summer Festival | Sat 14 th - Sun 15 th Jul 10am-4pm | Iwaki City Flower Centre, Taira | There will be a large variety of events on offer for the festival, including exhibitions, hands-on events, hula dance performances and direct markets. Entry is free. | Iwaki City Flower Centre TEL: 0246-22-5667 Email: flowercenter@jobankaihatsu.co.jp |
| Osuwa Daiko | Sun 15 th Jul | Hisanohama Port and Roadside Station Yotsukura Port | Founded in Okaya, Nagano Prefecture, this group will perform their taiko drum performance at the port areas of Hisanohama and Yotsukura. | Website: http://kankou-iwaki.or.jp/event/%e5%be%a1%e8%ab%8f%e8%a8%aa%e5%a4%aa%e9%bc%93%e3%80%90%e5%9b%9b%e5%80%89%e3%83%bb%e4%b9%85%e4%b9%8b%e6%b5%9c%e3%83%bb%e5%a4%a7%e4%b9%85%e3%82%a8%e3%83%aa%e3%82%a2%e3%80%91?ins_tance_id=27520 |
| East Japan Surfing Games 2018 | Sun 15 th - Mon 16 th Jul | Yotsukura Beach | Hundreds of surfers of all ages will compete all day on the shores of Yotsukura. Entry into the competition is closed, but you are free to watch the surfing. | Ben Surf Shop TEL: 0246-54-5912 |
| Chigo-Dengaku Dance and Fuyu | Sun 15 th - Mon 16 th Jul 1pm-1:30am on the 15 th 10am-6pm on the 16 th | Kumano Shrine, Nakoso | This dance is a Nationally Designated Important Tangible Cultural Asset. | Kumano Shrine TEL: 0246-62-2207 |
| Hula Town Onstage | Sat 21 st Jul 5pm-8:30pm Main performance from 8:15pm | Tsuru Footbaths, Yumoto, Joban | Held once every month between May and September, this festival combines Iwaki's unique culture of the Yumoto Hot Springs and hula. The main feature of this event is a hula-style dance performance by the landladies of Yumoto's ryokan inns. | Joban Branch Office of Iwaki City Hall TEL: 0246-43-2111 |
| Beach Volleyball Yotsukura Tournament | Sun 22 nd Jul From 7:30am | Yotsukura Beach | Enjoy the summer by joining a beach volleyball tournament. Anyone of junior high school age or older can form a team of 4-6 members. Entry fee for the whole team is ¥3000. You must register your team by 5 th July. | Yotsukura Community Hall TEL: 0246-32-2920 |
| Onahama Marine Festival | Sat 28 th - Sun 29 th Jul 10am-4pm | Aquamarine Park, Onahama | This is an exciting event in the lead up to the Onahama Fireworks festival. You can ride water sleds, jet skis and other types of boats. There will also be a jet ski acrobatic show, stage performances and other attractions both in the water and onshore. | Iwaki Fireworks Festival Executive Committee TEL: 0246-53-5677 |
| Nakoso Summer Festival | Sat 28 th Jul 5:10pm-9pm | Ueda Patio Street, Nakoso for Samba and Odori Same River Bank, Nakoso for Fireworks | Samba Parade from 5:10pm-5:50pm; Iwaki Odori Nakoso from 6pm-7:30pm; Nakoso Same River Fireworks 8pm-9pm. | Nakoso Summer Festival Executive Committee TEL: 0246-63-6521 |
| Yotsukura Nebuta and Iwaki Odori | Sat 28 th Jul 5:30pm-9pm | Area between Yotsukura Port and Yotsukura Station 5:30pm-9pm | Yotsukura Summer Festival Executive Committee TEL: 0246-32-2900 | |
| Rainbow Trout Hand Catching Contest | Sun 29 th Jul 9:30am-12pm | Iwaki City Sea Dinosaur Centre, Hisanohama | Try to catch rainbow trout with your hands and then eat it freshly charcoal-grilled. | Iwaki City Sea Dinosaur Centre TEL: 0246-82-2772 |
| Shitoki Dam Festival | Sun 29 th Jul 9:30am-3pm | Shitoki Dam, Nakoso | Shitoki Dam Festival Executive Committee TEL: 0246-64-7645 | |

*The event information above may be subject to cancellations or changes. Before attending any events, please confirm with the event sponsors in advance.



Iwaki Hospital Guide

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The following is a guide to hospitals open on Sundays and public holidays in Iwaki City during June and early July

July Guide

Sunday 1 July

| | | | |
|--------------|------------------------------|------|---------|
| Taira Area | Yamaguchi Doctor's Office | 9-5 | 24-1811 |
| Onahama Area | Ushiroda Internal Clinic | 9-5 | 92-1222 |
| Nakoso Area | Nakoso Hospital | 9-5 | 65-7755 |
| Joban Area | Joban Hospital | 9-5 | 43-4175 |
| Taira Area | Aratame Hospital | 10-4 | 28-1222 |
| Taira Area | Chuodai Tanaka Ophthalmology | 9-2 | 29-1722 |
| Taira Area | Yamagiwa Children's Clinic | 9-12 | 28-8686 |

Sunday 8 July

| | | | |
|--------------|-------------------------------|---------|---------|
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Taira Area | Chuodai Tanaka Ophthalmology | 9-2 | 29-1722 |
| Onahama Area | Nakamura Hospital | 9-5 | 53-3141 |
| Nakoso Area | Kushida Hospital | 9-5 | 63-3202 |
| Joban Area | Iwaki Yumoto Hospital | 9-5 | 42-3188 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |
| Taira Area | Aratame Hospital | 10-4 | 28-1222 |
| Uchigo Area | Aihara Paediatrician's Office | 9-12 | 26-5551 |

Sunday 15 July

| | | | |
|--------------|---------------------------|---------|---------|
| Taira Area | Yamaguchi Doctor's Office | 9-5 | 24-1811 |
| Onahama Area | Onahama Seikyo Hospital | 9-5 | 53-4374 |
| Nakoso Area | Yabuki Hospital | 9-5 | 63-1818 |
| Joban Area | Hisa Doctor's Office | 9-5 | 43-2313 |
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |
| Onahama Area | Shiga Children's Clinic | 9-12 | 58-5505 |

Monday 16 July

| | | | |
|--------------|---|---------|---------|
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Taira Area | Murata Ear, Nose & Throat | 9-12 | 22-0010 |
| Onahama Area | Ishii Neurosurgery & Ophthalmology Hospital | 9-5 | 58-3121 |
| Nakoso Area | Yu Clinic | 9-5 | 63-1611 |
| Joban Area | Iwaki Kusakidai General Clinic | 9-5 | 28-1145 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |

Sunday 22 July

| | | | |
|--------------|---|------------|---------|
| Taira Area | Hasegawa Orthopaedic Surgeon's Office | 8:30-11:30 | 25-5691 |
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Onahama Area | Iwaki Central Clinic | 9-5 | 53-3511 |
| Nakoso Area | Kureha General Hospital | 9-5 | 63-2181 |
| Joban Area | Kato Internal Clinic | 9-5 | 72-0072 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |
| Taira Area | Aratame Hospital | 10-4 | 28-1222 |
| Taira Area | Chuodai Tanaka Ophthalmology | 9-2 | 29-1722 |
| Taira Area | Wakamatsu Doctor's Office (paediatrics) | 9-12 | 22-3838 |

Sunday 29 July

| | | | |
|--------------|---|---------|---------|
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Taira Area | Chuodai Tanaka Ophthalmology | 9-2 | 29-1722 |
| Onahama Area | Iizuka Clinic | 9-5 | 52-2225 |
| Nakoso Area | Kojima Ji'ai Hospital | 9-5 | 63-5141 |
| Joban Area | Sakamoto Internal & Gastroenterology Clinic | 9-5 | 72-2022 |
| Taira Area | Sakamoto Orthopaedic Surgeon's Office | 8:30-5 | 38-2830 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |
| Onahama Area | Children's Clinic Suzuki | 9-12 | 56-6336 |

August Guide

Sunday 5 August

| | | | |
|--------------|--------------------------------|------|---------|
| Taira Area | Yamaguchi Doctor's Office | 9-5 | 24-1811 |
| Onahama Area | Kadoya Orthopaedics & Internal | 9-5 | 54-4047 |
| Nakoso Area | Nakoso Hospital | 9-5 | 65-7755 |
| Joban Area | Oriuchi Doctor's Office | 9-5 | 44-1133 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |
| Taira Area | Aratame Hospital | 10-4 | 28-1222 |
| Taira Area | Chuodai Tanaka Ophthalmology | 9-2 | 29-1722 |
| Joban Area | Muramatsu Paediatrics | 9-12 | 72-0707 |

Saturday 11 August

| | | | |
|--------------|---------------------------|---------|---------|
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Taira Area | Murata Ear, Nose & Throat | 9-12 | 22-0010 |
| Onahama Area | Yokodai Clinic | 9-5 | 55-5150 |
| Nakoso Area | Matsuzaki Internal | 9-5 | 63-3358 |
| Joban Area | Joban Hospital | 9-5 | 43-4175 |

Sunday 12 August

| | | | |
|--------------|--|---------|---------|
| Uchigo Area | Suda Doctor's Office | 8:30-12 | 27-6060 |
| Taira Area | Chuodai Tanaka Ophthalmology | 9-2 | 29-1722 |
| Onahama Area | Michiya Internal & Gastroenterology | 9-5 | 58-4180 |
| Nakoso Area | Kureha General Hospital | 9-5 | 63-2181 |
| Joban Area | Iwaki Yumoto Hospital | 9-5 | 42-3188 |
| Joban Area | Joban Hospital | 9-3 | 43-4175 |
| Taira Area | Aratame Hospital | 10-4 | 28-1222 |
| Joban Area | Iwaki Kusakidai General Clinic (paediatrics) | 9-12 | 28-1145 |

Emergencies

Emergency Dental Care

All emergency dental care will be provided at the **General Health and Welfare Centre (Sogo Hoken Fukushi Sentu)** in Uchigo.

This centre is open on Sundays and all national holidays from 9am to 12pm and 1pm to 4pm. The reception closes at 3:30pm.

For more information please contact the centre on 27-8620.

After Hours and Holiday Emergency Treatment Centre

(For Internal Medicine and Paediatrics)

(Located in the **General Health and Welfare Centre**)

If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and Holiday Emergency Treatment Centre** is open at the following times:

Weekdays: 8pm - 11pm.

Saturdays: 8pm - 7am (next day).

Sundays: 2pm - 6pm, 7pm - 11pm.

Public Holidays: 9am - 1pm,

2pm - 6pm, 7pm - 11pm.

11 Aug (Sat): 9am - 1pm,

2pm - 6pm, 7pm - 7am (next day)

TEL: 27-1208

Please make sure whenever possible to bring a Japanese-speaker with you when visiting the hospital in Iwaki.

Emergency Contact Numbers

Police: 110

Fire & Ambulance: 119

Children Emergency, First-Aid

Telephone Consultations

The Fukushima Prefecture Children Emergency, First-Aid Telephone Consultation Centre (*Fukushima-ken Kodomo Kyukyu Denwa Sodan*) is a free telephone service that provides professional advice when your child has become sick during the night. This telephone service is available in Japanese only.

TEL: 024-521-3790 or #8000

From 7pm to 8am (next day).

**Other hospitals and clinics apart from the above may be open on Sundays and public holidays. Inquire with your regular doctor or visit Iwaki City's website to confirm which other medical facilities are open.*






**How to check hospital information on Iwaki City's website:*

Go to Foreign Languages and select English > Living & Area > In times of emergency > Sudden illness > Doctors on duty (daytime on Sundays and public holidays).

Event Calendar for July 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|--|--|---|
| 1 | 2 | 3  | 4 IIA Japanese Course 8 (Beginners Level 1 & 2)  | 5 IIA Japanese Course 8 (Beginners Level 3 & Communication) | 6 IIA Vietnamese Cooking Class | 7 |
| 8 Ueda Tanabata Festival | 9 | 10  | 11 IIA Japanese Course 9 (Beginners Level 1 & 2)  | 12 IIA Japanese Course 9 (Beginners Level 3 & Communication) | 13 | 14 Iwaki's Beaches Open (until 16 August)  |
| 15  | 16 Marine Day  | 17  | 18 IIA Japanese Course 10 (Beginners Level 1 & 2)  | 19 IIA Japanese Course 10 (Beginners Level 3 & Communication) | 20 IIA Stargazing Primary and JHS End-of-Semester Ceremonies | 21 IIA Hiking in the Tabito Countryside and Stress Management Course |
| 22 Ninja Dojo (14-16 Jul) Where: Iwaki Taira Castle Ruins Time: 10:30am-12pm and 1:30pm-3pm For: Primary school students (adults can also participate) Capacity: 20 people for each session Fee: ¥800 Applications (by 12 Jul): Taira Community Development Inc. TEL/FAX: 0246-21-7777 Email: tairamachidukuri_1@yahoo.co.jp | | 24  | 25  | 26  | 27 | 28 Onahama Marine Festival Yotsukura Nebuta and Iwaki Odori Nakoso Summer Festival |
| 29 Onahama Marine Festival Shitoki Dam Festival | 30 | 31  | | | | |

IIA Custom Made Plans

-  Yu no Hanakai – Inquiries to Ohba-san 0246-42-2135
-  Lac lam Thai - Inquiries to Aizawa-san 090-6629-7225
-  Interpreters in the Making – Inquiries to Nishiyama-san 090-7197-1913
-  Cape Town – Inquiries to Kashiwabara-san 090-9320-5177
-  Parang-Sae – Inquiries to Takagi-san 090-2364-4970

#Please confirm the event date with the relevant representative if you're participating for the first time



Legal Consultations:

Iwaki City Hall provides free general legal consultations. Scheduled days are as listed on the calendar; however these are subject to change. Please contact **City Hall (Hometown Revitalisation Division TEL 0246-22-7438)** and confirm the date, time and place. Reservations are required for consultations.
For Iwaki City Council of Social Welfare consultations (held at the **Social Welfare Centre**), please contact 0246-23-3320.

Other Legal Support for Foreign Residents

Japan Legal Support Centre (Houterasu)

Futaba Sub-branch Office (Iwaki within this jurisdiction) – 050-3381-3805

Fukushima District Office – 050-3383-5540

Fukushima Bar Association Iwaki Branch Office – 0246-22-1320