



Useful Information for Living in Iwaki

How to Check Hospital Information on Iwaki City's Website:



Go to Foreign Languages and select English > Click on Living & Area > Click on In times of emergency > Click on Sudden illness > Click on Doctors on duty (Sunday and the daytime of public holidays) > Scroll down and open the PDF document which lists the hospitals which are open on Sundays/holidays each month.

After Hours and Holiday Emergency Treatment Centre (For Internal Medicine and Paediatrics)#

If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and Holiday Emergency Treatment Centre** (located next to the General Health and Welfare Centre) is open during the following times:

Weekdays: 8pm-11pm;

Saturdays: 8pm-7am (next day)

Sundays: 2pm-6pm, 7pm-11pm.

Public Holidays: 9am-1pm, 2pm-6pm, 7pm-11pm.

(TEL: 27-1208)



Doctor Home Visit

(For Internal Medicine and Paediatrics)#

Doctors from Iwaki FC Clinic can visit patients at their homes on weekends and public holidays from 4pm-6am (next day).

TEL: 88-7706; Website: <http://www.iwakifc.clinic/>

#Please make sure whenever possible to have a Japanese speaker with you when visiting the hospital or having a doctor visit your home in Iwaki.

Confidential Counselling Services for Non-Japanese Residents



Yoriso Hotline: Multilingual

Mon-Fri, 10am-10pm. TEL: 0120-279-226.

TELL Lifeline: English

365 days a year from 9am - 11pm. TEL: 03-5774-0992.

Web: <https://www.telljp.com/lifeline/>

E-mail: admin@telljp.com

Safety and Consultation Centre for Women (Police Box in front of Iwaki Station): Japanese

10am-6pm daily. TEL: 0246-25-9344.

Emergency Contact Numbers

110番



119番



Police: 110

Fire & Ambulance: 119

JNTO Medical Guide

Detailed search engine of medical institutions (e.g. hospitals in Fukushima Prefecture that can treat patients in English etc.):

https://www.jnto.go.jp/emergency/eng/mi_guide.html

Children Emergency, First-Aid Telephone Consultations

For free professional advice when your child has become sick during the night.

Available from 7pm to 8am (next day)

TEL: 024-521-3790 or #8000

*Service is only available in Japanese



Emergency Dental Care#

General Health and Welfare Centre

Sundays and Public Holidays:

9am-12pm & 1pm-4pm.

Reception closes at 3:30pm.

TEL: 27-8620.



Legal Consultations in Iwaki

Iwaki City Hall provides free general legal consultations on Wednesdays (excluding first Wednesday of month). Please contact **City Hall (Hometown Revitalisation Division TEL 0246-22-7438)** and confirm the date, time and place. Reservations are required for consultations.

For Iwaki City Council of Social Welfare consultations (held at the **Social Welfare Centre**), please contact 0246-23-3320.

*These consultations are only available in Japanese. So please try to bring a Japanese speaker with you whenever possible.

Other Legal Support for Foreign Residents

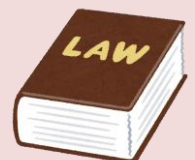
Japan Legal Support Centre "Houterasu" (weekdays 9am-5pm)

Legal Information for Foreign Nationals (Multilingual) – 0570-078377

Futaba Sub-branch Office (Iwaki within this jurisdiction) – 050-3381-3805

Fukushima Bar Association Iwaki Branch Office – 0246-22-1320

Foreign-language Human Rights Hotline Legal Affairs Bureau – 0570-090911 (weekdays 9am-12pm, 1pm-4pm)



Safety Tips Disaster Information App

Includes vital information such as earthquake, tsunami and other disaster warnings; medical institutions with multilingual staff, emergency contacts including national embassies, plus more.



Android
Devices



Apple
Devices



Local Disaster Management

Iwaki City Disaster Management Email Notification Service

By registering via your PC or mobile device, you can receive alerts regarding warnings/advisories for various disasters such as earthquakes and tsunamis as well as evacuation orders and advisories (only available in Japanese).



To register, send a blank email to iwaki@entry.mail-dpt.jp or use the QR code on the left.

“Sona-fuku” Disaster Preparedness Guidebook by Fukushima Prefectural Government

<https://www.pref.fukushima.lg.jp/uploaded/attachment/259583.pdf> (English)

Printed copies are available at the Regional Development Division of Iwaki City Hall.

Disaster Message Board “dial171”

This service allows people to record or play back short messages in times of disaster when it might be hard to connect to someone through a regular phone call.



Details on how to use the service:

<http://www.ntt-east.co.jp/en/saigai/voice171/index.html>

Disaster Message Board “web171”

This is an online version of the service. By pre-registering, you can send and receive phone and email messages.

To register for the service:

<https://www.web171.jp/web171app/disasterTop.do?english>

Sorting Household Waste

Smartphone App

Iwaki City has an app called “threeR” that you can download to help you sort out your household waste. (English version available)



Android
Devices



Apple
Devices

Rubbish Sorting Guide

You can pick up a copy of a guide which explains in English the methods of sorting out each rubbish category from the IIA.

Other Useful Sources for Daily Life

CLAIR Comprehensive Multilingual Guide:

<http://www.clair.or.jp/tagengo/>

Fukushima International Association (FIA):

<http://www.worldvillage.org/>

Fukushima Revitalisation Station:

<http://www.pref.fukushima.lg.jp/site/portal/>

Japan Life Guide App (includes earthquake alerts for earthquakes of intensity 5 or above)



Android
Devices



Apple
Devices



Iwaki International Association (IIA)

Official Website:

<http://www.ia-fukushima.or.jp>

TEL: 0246-22-7409

Email: info@ia-fukushima.or.jp

(The IIA is also on Facebook and Twitter)



The Tourism Exchange Division and the IIA are open to the public. Please feel free to drop by, call, or e-mail us anytime.

Produced by the Tourism Exchange Division of Iwaki City Government



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Iwaki City's Official Website:

<http://www.city.iwaki.lg.jp/>