Time Out • 9 9 3

Iwaki City Monthly Event & Information Guide

Sagicho Fire festival on Obama Beach

During the Obon period on 16th August, a Sagicho or fire festival was held on the coast of Obama in Nakoso. This event was revived and held for the first time in 32 years.

The festival included a typical Obon festival event where locals danced around the Yagura tower on the beach. However the main highlight of this festival was none other than the Sagicho or bamboo lighting ceremony. 15 giant tortoise-shell bamboo trees with straw wrapped around them were lit up at nightfall, creating a wall of flames along the tiny beach. The ceremony serves as a repose for the souls of the deceased.



The incoming Typhoon No.7 threatened to spoil the festivities, but thanks to the organisers holding the event early the bamboo was able to be lit up just before the rain arrived.

It was great to see a small-scale event like this be revived so many years later. And watching giant towers of fire on the beach at night is truly an amazing sight that I recommend you try to see for yourself next year.



Volume 299 September 2016

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Time Out is produced by the Tourism Exchange Divison Iwaki City Hall

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The Tourism Exchange Division and the IIA are open to the public. Please feel free to drop by, call, or e-mail us anytime. Website:

http://www.iia-fukushima.or.jp; http://www.city.iwaki.lg.jp/www/index.html

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観光交流課及び公益財団法人いわき市国際交流協会は皆さんを歓迎します。お気軽にお立ち寄り下さい。お電話、e-mail をお待ちしています。

Festivals & Events



Your guide to what's happening around Iwaki City and beyond this month

Iwaki

- **2nd-4th September: Beer Expo '16 Iwaki** @ Iwaki Taira Castle Ruins. From 3:30-9pm on the 2nd and from 11am-8pm on the 3rd and 4th August. Taste from a range of 30 different craft beers from 12 different brewers across Japan in what is Iwaki's first ever craft beer festival. A ¥1000 ticket covers one drink and one food item on the day. For inquiries, please contact the Iwaki Beer Expo Executive Committee: TEL 0246-24-8622.
- **3rd-4th September: Marlin Gourmet Summit** @ Aquamarine Park. From 10am-4pm on the 3rd and from 10am-3pm on the 4th August. There will marlin hot pot for ¥200 for the first 500 customers on the first day. The second day will include a marlin cutlet eating competition and a variety of other hands-on events. For inquiries, please contact the Marlin Gourmet Executive Committee: TEL 0246-29-5161.
- **3rd September: Screening of** *Samurai Hustle* **and Jangara** @ Iwaki Taira Castle Ruins. Jangara from 6pm. Movie from 7-9pm. To celebrate the upcoming release of the Samurai-themed Edo-period comedy *Samurai Hustle Returns*, which was filmed in Iwaki and featured local residents as extras, there will be a special outdoor screening of the original *Samurai Hustle* film. Alongside the screening, there will also be a Jangara performance and talk-show by the film's main actor: Kuranosuke Sasaki. Entry is free. The sequel film *Samurai Hustle Returns* will begin screening in Pole Pole and other cinemas on the following Saturday (10th September). For inquiries, please contact the Tourism Projects Division: TEL 0246-22-7477.
- **10th-11th September: Yabusame (Mounted Archery)** @ Iino Hachimanguu Shrine, Taira. From 2pm. A traditional event involving mounted archers galloping down the street and firing at targets. Other events are included during the Yabusame as well as during the shrine's annual festival on 15th September. For inquiries, please email hatiman@noteplan.net.
- **11th September: Alios Park Festival** @ Taira Central Park (in front of Alios). From 11am-4pm. The festival is held on the second Sunday on every month from April to November. There will be stalls selling food and drinks, works of art and handicrafts. There is a live stage with various performances by local DJs and dance groups. For inquiries, please email parkfesinfo@gmail.com. Website: http://ameblo.jp/parkfes-iwaki/.
- **11th September: Saury Festival** @ west side plaza of Iwaki La La Mew. From 11am. Experience grilling your own saury for free. Purchase any item at La La Mew and present it so you can receive a free whole saury (one for each person) and enjoy cooking and eating it. For inquiries, please visit the event page on Iwaki La La Mew's website: http://www.lalamew.jp/index.php?module=View&action=EventMore&EID=666.
- **11th September: Sunrise Big Band (SBB) 8th Year Anniversary Concert** @ ferry terminal area of Iwaki La La Mew. From 1-2pm. Sunrise Big Band is an amateur band that performs mainly jazz as well as Latin, folk and pop music. Celebrate the 8th anniversary since their formation at this free concert. For inquiries, please visit the event page on Iwaki La La Mew's website: http://www.lalamew.jp/index.php?module=View&action=EventMore&EID=667.
- 17th-18th September: Cycling Festival @ 21st Century Forest Park, Joban. From 10am-5pm (approximately). Enjoy a day of cycling events with all types of bicycles, from racing bikes to gearless city bicycles. There are food and drink stalls, footbath and cycling-related events for both participants and spectators. Participation fee for the general category race is ¥3000. The fee for the city bicycle race is ¥5000 (must be in teams of 3-5 people). Entries close on 4th September. To apply and for more details, please visit https://www.sportsentry.ne.jp/event/t/66836. For inquiries, please contact the Cycling Festival 2016 in Iwaki Office: TEL 0246-22-7553.
- **25th September: La La Mew Yosakoi Dance Festival** @ south side and west side plazas of Iwaki La La Mew. From 10:30am-4:30pm. Dozens of dance teams from inside and outside Fukushima Prefecture will perform various Yosakoi dances, including a combined dance with over 300 performers and giant flag waving performances. For inquiries, please visit the event page on Iwaki La La Mew's website: http://www.lalamew.jp/index.php?module=View&action=EventMore&EID=668.
- **1st-2nd October: Machinaka Concert in Taira** @ Iwaki Station and surrounding areas in Taira. Numerous local bands and dancers will perform on several stages around Taira over two days. Visit the website and click 会場案内 to view a map of all stage locations. For inquiries please contact the Iwaki Machinaka Concert Executive Committee: TEL 0246-47-0130. Website: http://www.iwaki-machicon.com/.

^{*}The following event information may be subject to cancellations or changes. Before attending any events please confirm with the event sponsors in advance.



Application method for participants (excerpt taken from official website)



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Although it's only September, perhaps now is the time to start training for the eighth annual Iwaki Sunshine Marathon which will be held on the 12th February 2017. There are a range of events including a full marathon, 10km, 5km, 2km runs and 2km parent-child pair running events. If you wish to join in the event, please don't forget to apply soon.

Entry Fees: Full marathon: 7500 yen; 10km run: 1500-3500 yen; 5km run: 1000-3500 yen; 2km run: 1000 yen (primary school 3rd to 6th grade only); 2km parent-child pair run: 3000 yen (children of 1st or 2nd grade primary school age and their parents only). Categories and fees for the 10km and 5km runs differ according to various age groups.

Please check the website for details: http://www.iwaki-marathon.jp. An English version of the Sunshine Marathon website is also being launched on 1st September.

Application forms can be obtained online via the Iwaki Sunshine Marathon website or from Iwaki City Hall, Iwaki City III Branch Offices and the Citizen Service Centre. Money transfer forms can be submitted over the counter at your local post office.

Application period: 1st September (Thu) to 14th October (Fri). However, applications via money transfer close on 2nd October (Sun).

Application method for volunteers (excerpt from website)

If you wish to volunteer in organising the course (making space for pedestrians, guiding traffic etc.), working at the water stations, handing out participation/completion awards etc. you must be at least 15 years or older and be free to attend the information session for volunteers scheduled to be held in December this year. Only the first 2000 applicants will be accepted so please apply as soon as possible.

Volunteer application period: 1st August (Mon) to 31st October (Mon).

For details and further inquiries, please contact the Iwaki Sunshine Marathon Executive Committee.

Iwaki Sunshine Marathon Executive Committee Office TEL: 0246-22-7607 FAX: 0246-22-1285 Email: info@iwaki-marathon.jp





Alios has invited Suar Agung, a percussion ensemble group from Bali, Indonesia, to perform jegog: essentially a "Bamboo Orchestra" of up to 20 members who perform using bamboo percussion and keyboard instruments of varying sizes.

This event is a chance to get a full taste of Balinese performing arts, with traditional Balinese dance and kecack (male chorus group) performances also joining the stage. The concert day will also feature Balinese dance workshops conducted by the performance members, a photo exhibition of Bali and other related events. Don't miss out on this special Alios event!

22nd September (Thu) from 5pm (doors open at 4:30pm) Time & Date: Main Theatre, Iwaki Performing Arts Centre Alios Venue:

Performers: Suar Agung (*jegog* group from Indonesia)

3500 yen for reserved seating now on sale (1500 yen for students and **Ticket prices:**

wheelchair seating)

*Infants 2 years-old and younger may sit on a parent's lap for free

(admission fee required for infants 3 years and older)

Contact: Alios Ticket Centre 0246-22-5800 (10am-8pm, closed Tuesdays)



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HAMLET (IWAKI-TOWNSVILLE SISTER CITIES 25TH ANNIVERSARY PROJECT)

This Autumn, Shakespeare's best-known tradgedy, *Hamlet*, will be performed at Alios by THEATREINQ, an Australian theatre company from Townsville, Queensland. Please come and THEATREINQ's Hamlet.

Time & Date: Venue: Cast:

Contact:

Ticket prices:

9th October (Sun) from 2pm (doors open at 1:30pm) Main Theatre, Iwaki Performaing Arts Centre Alios THEATREINQ (from Townsville, Queensland, Australia)

2000 yen, free for those aged high school age and younger (seat

booking required) *Reserved seating only

*No admittance to pre-school children

Alios Ticket Centre 0246-22-5800 (10am-8pm, closed Tuesdays)

For applications and more information on IIA events, please contact the IIA. TEL: 0246-22-7409 FAX: 0246-22-7581 Email: info@iia-fukushima.or.jp/ Website: www.iia-fukushima.or.jp/

Japanese Cultural Understanding Class

Foreign residents of Iwaki are encouraged to take part in the IIA's Japanese Cultural Understanding where participants can deepen their knowledge of Japanese culture by wearing an authentic Japanese kimono and experiencing a Japanese class on etiquette. There will also be a barbeque-themed IIA Member's Party for foreign residents of Iwaki and Japanese IIA members to interact with each other. We look forward to seeing a huge turnout.

Sunday 30th October Date: 9:30am-12:00pm **Time**

> (includes kimono-wearing and

etiquette class)

*to be held rain or shine *barbeque from 1:00-4:00pm

Venue: Iwaki Taira Castle Ruins (Kyujoseki,

Taira)

Participants: Foreign residents living in Iwaki Capacity: 10 people for the kimono-wearing,

20 people for the etiquette class *draw will be used if there are many

applicants

2000 yen for the kimono-wearing Fee:

(cleaning fee), free for the etiquette class, 500 yen for the barbeque

afterwards

Michiko Instructor: Takaba and other

instructors

Applications: Please apply by Friday

October. Apply via fax or email by filling the requirements in the

chosen form.

IIA Member's Par

This event aims to promote exchange between Japanese IIA members and foreign residents of lwaki. It is a great chance to meet heaps of people, including old friends and new faces in the community. We encourage all members, both Japanese and foreign residents, to join in the fun toaether!

For foreign resident members, don't miss the chance to also deepen your understanding of Japanese Culture during the Japanese Cultural Understanding Class which is to be held earlier in the morning of the party day.

Sunday 30th October Date:

Time: 1:00-4:00pm; preparations from

12:00-1:00pm; cleaning up from

4:00-4:45pm (scheduled) *to be held rain or shine

Iwaki Taira Castle Ruins (Kyujoseki, Venue:

Taira)

Capacity: 70 people

Fee: 500 yen for individual, foreign

resident and group members (up to 3 people per group), free for

registered family members

Please apply by Friday Applications:

> October. Apply via fax or email by filling the requirements in the

chosen form.

*Please feel free to bring your own homemade cuisine.

*Please also include in the form whether or not you can help with the preparations and/or cleanup and also if provide you can performance for the event.





Volunteers Required! Intercultural Understanding Lessons

Are you interested in teaching to children regarding your country, culture and language? Please contact the IIA if you

can help!

Time: Venue: Volunteers wanted:

Date:

4th November (Fri)
During the morning

Takasaka Primary School (Uchigo)

Foreign residents to give intercultural understanding

workshops for 1-2 classes

Contact: Iwaki International Association (IIA)

TEL: 0246-22-7409 Fax: 0246-22-7581

E-mail: info@iia-fukushima.or.jp

Gournet Café

Do you pay attention to what you're eating everyday? Would you like to learn from a nutrition instructor how to make a well-balanced diet by considering healthy food choices? Join in the IIA's Gourmet Café so you can feel beautiful and healthy inside.

Date: 14th October (Fri) 10am-1pm

Venue: Cooking Room, Iwaki City Cultural Centre

Participants: Anyone is free to participate

Capacity: 30 people (draw will be used if there are many applicants)

Fee: 1000 yen for food expenses

Menu: Roll-grilled saury, roasted vegetables with soy sauce koji, salt koji marinated

vegetables, black bean millet rice, detox soup, fruit marinated sweet koji

Applications: Please apply by 30th September via phone, fax or e-mail



Yorisoi Hotline (Helpline for Foreigners): Consultation service available in Japanese, English, Korean, Tagalog, Chinese, Spanish, Portuguese and Thai. Available languages vary depending on time. Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement or human trafficking? Please call us about any problem you may have. Your privacy will be protected.

Free. TEL: 0120-279-226. Mon-Fri, 10am-10pm.

TELL Lifeline: TELL is a professional non-profit organisation that provides counselling to English-speaking foreigners all over Japan. The lifeline is staffed by highly trained volunteer phone counsellors and provides free, non-judgemental and confidential phone counselling and information 365 days a year from 9am - 11pm.

TEL: 03-5774-0992. For more information, check out their website at http://www.telljp.com or e-mail them at admin@telljp.com.

Safety and Consultation Centre for Women (Police Box in front of Iwaki Station): For consultations related to women's safety. Free. Can only speak Japanese. 10am-6pm daily.

TEL: 0246-25-9344.

From the Editor

We've reached the end of a summer full of huge events, including of course Iwaki's annual Iwaki Odori and Fireworks Festival – the latter of which had a record 20,000 fireworks to coincide with Iwaki's 50th anniversary.

I imagine most people had a chance to see either the Odori or Fireworks – or perhaps went to see a local festival or event this summer. Although I was looking forward to those events, I was unable to attend this year as I went to Townsville, Iwaki's Sister City in Australia, to accompany two of Iwaki's runners for a marathon down there. The marathon was held on the 7th August and, despite being mid-winter in Australia, was quite a warm day – about the equivalent to late-May/early-June weather in Iwaki.

Whilst I couldn't enjoy this year's big summer events in Iwaki, I had just as good a time returning home to Australia for a brief period of time. There are also still plenty of events to enjoy as we approach autumn so make sure to check a few out!





The following is a guide to hospitals open on Sundays and public holidays in Iwaki City during September and early October

Septembe	er Guide						
Sunday 4 September							
Taira Area Taira Area	Shimada Ganka lin Yamaguchi lin	9-12 9-5	22-1677 24-1811				
	a Ishii Noshinkei Geka Ganka Hospital (neurosurgery and opthamology)	9-5 9-5	58-3121				
	Yabuki Hospital	9-5	63-1818				
Joban Area	Yoshinari Naika (internal)	9-5	42-2220				
Onahama Area	Kodomo Clinic Suzuki (paediatrics)	9-12	56-6336				
Sunday 11 Se	ptember						
Taira Area	Takahashi Clinic	9-5	46-1231				
	a Izumi Central Clinic	9-5	56-6677				
Nakoso Area	Kureha General Hospital	9-5	63-2181				
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188				
Taira Area	Wakamatsu lin (paediatrics)	9-12	22-3838				
Sunday 18 Se	ptember						
Taira Area	Aita Seikeigeka (orthopaedic surgery)	9-12	35-0808				
Taira Area	Yamaguchi lin	9-5	24-1811				
	Nakamura Hospital	9-5	53-3141				
Nakoso Area	Kojima Jiai Hospital	9-5	63-5141				
Joban Area Taira Area	Kamome Clinic Fukuda Shonika lin (paediatrics)	9-5 9-12	28-1010 22-4272				
	·	0 12	22 -1272				
Monday 19 Se	ptemper						
Uchigo Area	Suda lin	8:30-12	27-6060				
Onahama Area	a Onahama Seikyo Hospital	9-5	53-4374				
Nakoso Area	Midorikawa Naika Clinic (internal)	9-5	68-6415				
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175				
Thursday 22 S	Thursday 22 September						
Taira Area	New Town Jin-Naika Clinic (internal & nephrology)	9-12	46-0606				
	a Kashima Hospital	9-5	58-8010				
Nakoso Area	Yu Clinic	9-5	63-1611				
Joban Area	Iwaki Kusakidai General Clinic	9-5	28-1145				
Sunday 25 September							
Taira Area	Shirai Geka Ichoka lin (surgery & gastroenterology)	8:30-12	25-3788				
Taira Area	Sakamoto Seikeigeka lin (orthopaedic surgery)	9-5	38-2830				
	Rashima Ladies Clinic	9-5 9-5	58-8577				
Nakoso Area	Nakoso Hospital	9-5	65-7755				
Joban Area	Kazawa Icho Seikeigeka (gastroenterology and orthopaedics		42-2198				
Taira Area	Yamagiwa Kodomo Clinic (paediatrics)	9-12	28-8686				

October Guide							
Sunday 2 October							
Taira Area Nakoso Area Joban Area Taira Area	Yamaguchi lin Kureha General Hospital Tokiwakai Joban Hospital Nagai Shonika (paediatrics)	9-5 9-5 9-5 9-12	24-1811 63-2181 43-4175 28-2535				
Sunday 9 October							
Uchigo Area Nakoso Area Joban Area Joban Area	Suda lin Kushida Hospital Iwaki Yumoto Hospital Iwaki Kusakidai General Clinic (paediatrics)	8:30-12 9-5 9-5 9-12	27-6060 63-3202 42-3188 28-1145				
Monday 10 October							
Taira Area Nakoso Area Joban Area	Takahashi Clinic Saito Naika Clinic (internal) Iwaki Kusakidai General Clinic	9-5 9-5 9-5	46-1231 77-1001 28-1145				



Legal Consultations:

lwaki City Hall provides free general legal consultations. Scheduled days are as listed on the calendar; however these are subject to change. Please contact City Hall (Hometown Revitalisation Division TEL 0246-22-7438) and confirm the date, time and place. Reservations are required for consultations.

For Iwaki City Council of Social Welfare consultations (held at the Social Welfare Centre), please contact 0246-23-3320.

Emergencies

Emergency Dental Care

All emergency dental care will be provided at the in Iwaki. **General Health and Welfare Centre** (Sogo Hoken Fukushi Senta) in Uchigo.

This centre is open on Sundays and all national holidays from 9am to 12pm and 1pm to 4pm. The reception closes at 3:30pm.

For more information please contact the centre on 27-8620.

After Hours and Holiday Emergency Treatment Centre

(Located in Iwaki Kyoritsu Hospital)

If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and** Holiday Emergency Treatment Centre is open at

the following times:

Weekdays: 8pm - 12am.

Saturdays: 8pm - 7am (next day).

Sundays: 1pm - 12am.

Public Holidays: 9am - 12am.

TEL: 27-1208

Please make sure whenever possible to bring a Japanese-speaker with you when visiting the hospital

Emergency Contact Numbers

Police: 110 Fire & Ambulance: 119

<u>Children Emergency, First-Aid Telephone</u> **Consultations**

The Fukushima Prefecture Children Emergency, First-Aid Telephone Consultation Centre (Fukushimaken Kodomo Kyukyu Denwa Sodan) is a free telephone service that provides professional advice when your child has become sick during the night. This telephone service is available in Japanese only.

TEL: 024-521-3790 or #8000

From 7pm to 8am.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	IIA Custom-made Plans
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Aug 28	Aug 29	Aug 30	Aug 31	1 JPLT Applications	2	3	Yu no Hanakai – Inquiries to Ohba-san 0246-42-2135
	Test Fee: 5,500 The test room on	December 2016 (Sun) I yen (consumption tax pens from 12:00pm an		Open ・			Nihongo no Kai – Inquiries to Suzuki-san 0246-62-3218
	TEL 03-6686-297	Application Centre:		JLFT Professor			Lac Iảm Thai - Inquiries to Nakano-san 090-2881-4433
4	5	6	7 IIA Japanese	8	9	10 Yabusame	Please confirm the event date with the relevan representative if you're participating for the first time
			Course Placement Test	Yu no Hanakai		(Mounted Archery)	
						Premiere screening of <i>Samurai Hustle Returns</i> movie	
11	12	13	14	15	16	17	
Yabusame (Mounted Archery)			Free Legal Consultations (City Hall)	Lac låm Thai Yu no Hanakai		Iwaki Battery Valley Festival 2016 in Iwaki	
						Cycling Festival 2016 in Iwaki	
18	19	20	21	22	23	24 Make Your Own	
Cycling Festival 2016 in Iwaki	Respect for the Aged Day		Free Legal Consultations (City Hall)	Autumnal Equinox Day		Udon Noodles: Tono Autocamp Event	
				Suar Agung Alios Performance			
25 Iwaki Kite Flying	26	27	28 IIA Japanese Speaking Class 1	29 IIA Japanese	30 JPLT Applications	Oct 1	
Competition (Yotsukura foreshore)			IIA Japanese Communication Class 1	Reading Class 1 IIA Japanese Writing Class 1	Close		
Tuna Festival (Seiko-kan)			Très bien Free Legal	Yu no Hanakai			
			Consultations (City Hall)				

IIA Custom-made Plans Très bien – Inquiries to Yamazaki-san 090-1934-0506 Yu no Hanakai – Inquiries to Ohba-san 0246-42-2135 Nihongo no Kai – Inquiries to Suzuki-san 0246-62-3218 Lac lầm Thai - Inquiries to Nakano-san 090-2881-4433 iid Please confirm the event date with the relevant

