



Iwa-Key

Volume 3
October 2017

Iwaki City Monthly Event & Information Guide

Stay Alert for J Alerts!

Recently there have been two incidents where a ballistic missile from North Korea has passed over Japanese territory and into the Pacific Ocean. Fortunately, there was no confirmed damage or fallen debris a result of these latest incidents. However, it is important to know about the J-Alert system and what to do whenever there is a threat of a ballistic missile attack.

What is the J-Alert?

The J-Alert system is an early warning system that was introduced by the Japanese government in 2007 as a way for the government to issue warnings of any threat to the public as quickly as possible. They do this by using satellite technology to automatically trigger the sirens of municipal disaster management radio networks.

Some people might think that the J-Alert is only designed to alert people about a missile attack from outside. However this is not the only purpose of the system. J-Alerts are also issued for:

- Earthquakes (Early Earthquake Warning)
- Tsunamis (warnings and advisories)
- Volcanic Activity
- Aerial Invasion
- Guerrilla/Special Forces Attacks
- Large-Scale Terrorism



Incidentally, the J-Alert's Early Earthquake Warning System was used to alert people up to a minute before the Great East Japan Earthquake of 2011.

You can listen to a recording of the sirens used in J-Alerts by going to the Cabinet Secretariat's official website: http://www.kokuminhogo.go.jp/en/pc-index_e.html

What to do when a J-Alert for a ballistic missile strike is announced

When you hear the siren or receive the alert on your phone, you may hear or receive an announcement in Japanese. You should listen carefully for the word "Missile (*Misairu*)" or look for the word for missile (ミサイル) on your phone. The most important thing to do in this situation is to remain calm and take appropriate evacuation measures immediately. You only have up to 10 minutes to prepare if a strike is imminent.

- **If outdoors:** Evacuate inside a sturdy building or underground facility nearby (eg. Underground shopping arcade or subway).
- **If outdoors and there are no buildings around you:** Try to take shelter or lie face down on the ground.
- **If indoors:** Stay away from windows and if possible evacuate to a room with no windows.
- **If a missile does strike a nearby area** and you are outside, cover your mouth and nose with a cloth and evacuate from the area - ideally towards where the wind is coming from or into a sealed room. If indoors, turn off all ventilation, close windows and seal any cracks in the room.

You can find out more information about the J-Alert system and what to do in similar threats by going to the website listed above.

Counselling Service for Foreigners

Yoriso Hotline (Helpline for Foreigners):

Consultation service available in Japanese, English, Korean, Tagalog, Chinese, Spanish, Portuguese and Thai. Available languages vary depending on time. Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement or human trafficking? Please call us about any problem you may have. Your privacy will be protected. Free.

TEL: 0120-279-226. Mon-Fri, 10am-10pm.

TELL Lifeline: TELL is a professional non-profit organisation that provides counselling to English-speaking foreigners all over Japan. The lifeline is staffed by highly trained volunteer phone counsellors and provides free, non-judgemental and confidential phone counselling and information 365 days a year from 9am - 11pm.

TEL: 03-5774-0992.

For more information, check out their website at <http://www.telljp.com> or e-mail them at admin@telljp.com.

Safety and Consultation Centre for Women

(Police Box in front of Iwaki Station): For consultations related to women's safety. Free. Can only speak Japanese. 10am-6pm daily.

TEL: 0246-25-9344.

Iwa-Key is produced by the Tourism Exchange Division Iwaki City Hall

21 Umemoto, Taira, Iwaki City
Fukushima Prefecture 970-8686

Tel: 0246-22-1279 Fax: 0246-22-7581

Email: kankokoryu@city.iwaki.fukushima.jp

mcmullen-b@city.iwaki.fukushima.jp

The Tourism Exchange Division and the IIA are open to the public. Please feel free to drop by, call, or e-mail us anytime.

Iwaki City's Official Website:

<http://www.city.iwaki.lg.jp/www/index.html>

Iwaki International Association (IIA)

Official Website: <http://www.ia-fukushima.or.jp>

TEL: 0246-22-7409 FAX: 0246-22-7581

Email: info@ia-fukushima.or.jp

(The IIA is also on Facebook and Twitter)

いわき市役所 観光交流課

〒970-8686 福島県いわき市平字梅本 21

電話: 0246-22-1279 FAX: 0246-22-7581

E-mail: kankokoryu@city.iwaki.fukushima.jp

mcmullen-b@city.iwaki.fukushima.jp

観光交流課及び公益財団法人いわき市国際交流協会は皆さんを歓迎します。お気軽にお立ち寄り下さい。お電話、e-mailをお待ちしています。

Inside this issue

Festivals & Events 2 / IIA Events 3 / Iwaki Info 4 / Hospital Information 5 /
October Events Calendar 6

Iwaki Festivals and Events



Your guide to what's happening around Iwaki City this month

Event	Time & Date	Venue	Details	Inquiries
Alios Park Festival	Sunday 8 th October 11am-4pm	Taira Central Park (in front of Alios), Taira	This festival is held every second Sunday on every month from April to November (third Sunday in August). There will be stalls selling food and drinks, works of art and handicrafts. There is a live stage with various performances by local DJs and dance groups.	Email: parkfesinfo@gmail.com Website: http://ameblo.jp/parkfes-iwaki/
Hula Town Festival	Saturday 14 th October 3pm-9pm	In front of Yumoto Station and Tsuru Footbaths, Joban	This free event combines Iwaki's hula and hot spring cultures with performances by the landladies of Yumoto's ryokan inns, hula dancing from over 20 different teams and stalls offering Hawaiian food and goods.	Iwaki Yumoto Hot Springs Ryokan Association TEL: 0246-43-3017
Izumi Hometown Festival	Sunday 15 th October 8:30am-3pm	Main Street in front of Izumi Station, Onahama	There will be a number of traditional performances including a samurai servant procession, festival floats, yosakoi and bosasara (dance involving staffs). The Izumi Iwaki Odori will be held on the night before the main festival (14 October) from 6:30pm.	Izumi Community Hall TEL: 0246-56-6045
Machinaka Concert in Taira	Sat-Sun 21 st -22 nd October 10am-5:30pm (approximately)	Iwaki Station and surrounding areas in Taira	Hundreds of local indie bands and dance groups will perform on 14 stages around Taira over two days. Visit the website and click 会場案内 to view a map of all stage locations.	Iwaki Machinaka Concert Executive Committee TEL: 0246-47-0130. Website: http://www.iwaki-machicon.com/ .
Iwaki Community Exchange Festival	Saturday 28 th October 10am-3pm	21 st Century Forest Park, Joban	This year's festival will celebrate 1000 days until the start of the Olympics. The park will be filled with stalls and performances representing Iwaki and the villages/towns of the Futaba Region, sports activities and various booths covering different themes. Shuttle buses will operate between Yumoto Station and the venue.	Fukushima Prefectural Government Iwaki Regional Promotion Bureau TEL: 0246-24-6253
Onigajo Harvest Festival	Sunday 29 th October 10am-4pm	Iwaki Onigajo Village, Kawamae	Celebrate the delicious foods that come into season in Autumn at this festival. There will be local gourmet including tonjiru, handmade soba and Kawamae's famous kijiokowa as well as a stage with performances and free karaoke. For those travelling by train, a free shuttle bus service will also be available from Kawamae Station at 9:10am and will drop people off at the station at 6pm.	Iwaki Onigajo Village TEL: 0246-84-2288 Email: iwakinosato@onigajo.com
"Dance with Me" in Iwaki La La Mew	Sunday 29 th October 1 st Session from 12:30pm-2:30pm 2 nd Session from 3pm-5pm	Terrace outside of Iwaki La La Mew (1 st floor passenger terminal in case of rain), Onahama	Enjoy a free ballroom dance show with professional dancers. After the dance show you can receive a brief dance lesson and take part in a dance party on the 2 nd floor.	Iwaki Dance Hall TEL: 0246-88-7650
Mt. Futatsuya Autumn Festival 2017	Sunday 29 th October 8am-2:30pm	Ogawa Community Hall, Ogawa	Enjoy some light walking through Ogawa village and stalls selling handmade soba, local vegetables and other produce. Application and ¥500 fee required in advance to join in the walk.	Ogawa Branch Office TEL: 0246-83-1111
Miwa Village Festival	Sunday 29 th October 9am-2pm	Miwa Community Connections Centre, Miwa	This will be the 20 th year the local festival has been held. The festival will include a commemorative raffle, local products and vegetables, chrysanthemum and scarecrow displays.	Miwa Branch Office TEL: 0246-86-2111
Hisanohama Port Revitalisation Festival 2017	Sunday 29 th October 9am-2:30pm	Hisanohama Port, Hisanohama	Help support Hisanohama's revitalisation with a seaside festival featuring fishing boat rides, local agricultural and marine products, performances and free chan chan yaki (grilled salmon and vegetable dish) for the first 500 arrivals. Only the first 250 arrivals can take part in the boat ride for ¥100.	Hisanohama-Ohisa Branch Office TEL: 0246-82-2111
Wholesale Market Festival	Sunday 29 th October 9:30am-2pm	Iwaki Central Wholesale Markets, Kashima, Onahama	To celebrate 40 years since the opening of the markets, there will be a large festival with special sales, tuna filleting, free saury and performances throughout the markets.	Management of Iwaki Central Wholesale Markets TEL: 0246-29-6200

*The event information above may be subject to cancellations or changes. Before attending any events, please confirm with the event sponsors in advance.

Etiquette Café

Date: Sunday 15 October

Time: 10:00am-12:00pm

Venue: Large Meeting Room 2, Iwaki City Lifelong Learning Plaza

Contents: Learn about discreet consideration, useful etiquette, and how to present a demeanour that will leave a good impression on others.

Instructor: Ms. Chizuko Hasegawa (Eclat Eternal and IIA member)

Fee: ¥500 (for members and non-members)

Participants: Anyone who is interested in this theme

Capacity: 20 people

Applications: Please apply by Friday 6 October via phone, email or fax

Learn Useful Japanese for Tea Ceremonies

Date: Saturday 28 October

Time: 1:30pm-4:30pm

Venue: Tea room, Japanese-style room, Iwaki City Lifelong Learning Plaza

Contents: Experience a traditional Japanese tea ceremony and familiarise yourself with some of the Japanese terms used during the ceremony.

Fee: Free

Participants: Any foreign resident of Iwaki

Applications: Apply through the IIA via phone, email or fax

IIA Stress Relief through Finger Painting

Date: Sunday 29 October

Time: Finger painting, 10:00am-12:00pm; group therapy session on parenting, 1:00pm-3:00pm (can participate in one or both sessions)

Venue: Large Meeting Room 2, Iwaki City Cultural Centre

Contents: Through experiencing art therapy, participants will be aware of their stress and learn how to purge their worries and anxieties.

Lecturer: Ms. Ko Ukawa (Associated Professor in Department of Human Life and Environment Studies, Taisho University)

Fee: ¥500 for IIA members, ¥1000 for non-members

*Free for those of junior high school age and younger. Group therapy session is free.

Participants: Anyone, including children, who is interested in this theme or who have foreign nationality/ancestry

Capacity: 30 people

Applications: Please email by Friday 13 October via phone, email or fax

*Those who will participate in both sessions can order lunch for ¥500.

IIA Christmas Wreath Café

Date: Saturday 18 November

Time: 10:00am-12:00pm

Venue: Active Learning Room, Iwaki City Lifelong Learning Plaza (5F)

Instructor: Ms. Kumiko Ashizawa

(First Grade Certified Landscape Architect)

Fee: ¥2500 (includes ¥2000 to cover cost of materials)

Capacity: 30 people

Participants: Anyone who is interested in this theme

Note: Please bring your own scissors

Applications: Please apply by Friday 10 November via phone, email or fax

Looking for volunteers for Intercultural Understanding Workshops

Are you interested in teaching to children regarding your country, culture and foreign languages?

Intercultural Understanding:

7 November (Tue), held in the morning. Takasaka Primary School (Uchigo).

Volunteers wanted:

Foreign residents to give intercultural understanding workshops to 1-2 classes.

Please contact the IIA if you can help!!

Iwaki International Association (IIA):

TEL: 0246-22-7409 Fax: 0246-22-7581 E-mail: info@ia-fukushima.or.jp





Iwaki's Jangara to Feature on Primetime TV!

The first episode of *Mito Komon*, a drama series set in Edo Period Japan, will be broadcast on the BS-TBS channel at 7pm on Wednesday 4 October. Not only will the first episode be set in Iwaki, but it will also feature Iwaki's traditional jangara in this episode. Several members of the Iwaki Yumoto Hot Springs Volunteer Youth Association actually play extras in the episode. So keep an eye out for their brief appearance on the show.

100 Year Anniversary of the Ban'etsu East Line!

The 10 October will mark 100 years since the opening of the Ban'etsu Line (formerly known as the Heigun Line) which connects Iwaki (formerly Taira) and Koriyama Stations by rail. To celebrate this special occasion and look back at the history of the rail line, there will be commemorative events held at Iwaki and Kawamae Stations on 8 October.

Iwaki Station Event (10am-3pm)

Features: Stage performances (hula dance, magic show), commemorative photo, miniature train ride, paper craft, games, quizzes, photo exhibition.

Kawamae Station Event (9:30am-2:20pm)

Features: Stage performances (hula dance, band performances) games, stalls selling local products, model trains exhibition, gifts for the first 200 arrivals.

- If you board the train departing Iwaki Station at 8:41am you will receive ¥400 vouchers to use at the event when you get off at Kawamae Station. Only the first 120 arrivals by train will receive this voucher.

Inquiries:
Urban Planning Division
TEL: 0246-22-1120

From the Editor

Some people who have lived in Iwaki for a while may have noticed how relatively few public holidays there has been this year. That is because four of them fell or will fall on a Saturday in 2017: National Foundation Day (11 February), Showa Day (29 April), Autumnal Equinox Day (23 September) and The Emperor's Birthday (23 December).

When a public holiday falls on a Sunday in Japan, the following Monday is also a public holiday. This is also the case if a day falls in-between two public holidays. Unfortunately this is not the case if the holiday falls on a Saturday, meaning those who typically don't work on weekends miss out on a long weekend.

In addition to the unusual amount of holidays falling on Saturday, there was no Silver Week this year either. I was lucky to experience the last Silver Week back in September 2015 and enjoyed a 5-day weekend similar to the annual Golden Week. For those who weren't able to enjoy the last one, unfortunately you're going to have to wait a very long time for the next one in 2026 – nine years away!

Despite the short amount of public holidays this year, make the most of your extra days off to do some travelling, relax, or catch up on errands you've put off or a while. Fortunately, it won't be long before the next long weekend either – with the Health and Sports Day coming up on 9 October!

-Ben 弁



Iwaki Hospital Guide

119



The following is a guide to hospitals open on Sundays and public holidays in Iwaki City during October and early November

October Guide

Sunday 1 October

Taira Area	Chuodai Tanaka Ophthalmology	9-2	29-1722
Onahama Area	Kadoya Orthopaedics & Internal	9-5	54-4047
Nakoso Area	Nakoso Hospital	9-5	65-7755
Joban Area	Yoshinari Internal	9-5	42-2220
Taira Area	Watanabe Clinic (paediatrics)	9-12	25-1170

Sunday 8 October

Taira Area	Aratame Hospital	10-4	28-1222
Onahama Area	Iwaki Central Clinic	9-5	53-3511
Nakoso Area	Yabuki Hospital	9-5	63-1818
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Onahama Area	Shiga Children's Clinic	9-12	58-5505

Monday 9 October

Uchigo Area	Suda Doctor's Office	8:30-12	27-6060
Onahama Area	Ishii Neurosurgery & Ophthalmology Hospital	9-5	58-3121
Nakoso Area	Iwabuchi Clinic	9-5	63-1501
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175

Sunday 15 October

Taira Area	Aratame Hospital	10-4	28-1222
Onahama Area	Nao Heart Clinic	9-5	54-1262
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban Area	Kazawa Gastroenterology and Orthopaedic Doctor's Office	9-5	42-2198
Taira Area	Nagai Paediatrics	9-12	28-2535

Sunday 22 October

Taira Area	Aratame Hospital	10-4	28-1222
Onahama Area	Kashima Hospital	9-5	58-8010
Nakoso Area	Kojima Jiai Hospital	9-5	63-5141
Joban Area	Watanabe Obstetrics & Gynaecology	9-5	42-4567
Uchigo Area	Aihara Paediatrician's Office	9-12	26-5551

Sunday 29 October

Taira Area	Chuodai Tanaka Ophthalmology	9-2	29-1722
Taira Area	Sakamoto Orthopaedic Surgeon's Office	9-5	38-2830
Onahama Area	Michiya Internal & Gastroenterology	9-5	58-4180
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Joban Nephrology & Urology Clinic	9-5	43-1200
Onahama Area	Children's Clinic Suzuki	9-12	56-6336

November Guide

Friday 3 November

Onahama Area	Ishii Doctor's Office	9-5	54-5330
Nakoso Area	Yano Internal & Gastroenterology	9-5	62-3262
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175

Sunday 5 November

Taira Area	Aratame Hospital	10-4	28-1222
Onahama Area	Kusano Clinic	9-5	56-1060
Nakoso Area	Nakoso Hospital	9-5	65-7755
Joban Area	Haruyama Doctor's Office	9-5	44-4011
Joban Area	Muramatsu Paediatrics	9-12	72-0707

Sunday 12 November

Taira Area	Chuodai Tanaka Ophthalmology	9-2	29-1722
Onahama Area	Nakamura Hospital	9-5	53-3141
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Taira Area	Wakamatsu Doctor's Office (paediatrics)	9-12	22-3838

*Other hospitals and clinics apart from the above may be open on Sundays and public holidays. Inquire with your regular doctor or visit Iwaki City's website to confirm which other medical facilities are open.

*How to check hospital information on Iwaki City's website:

Go to Foreign Languages and select English > Living & Area > In times of emergency > Sudden illness > Doctors on duty (daytime on Sundays and public holidays).

Emergencies

Emergency Dental Care

All emergency dental care will be provided at the **General Health and Welfare Centre** (*Sogo Hoken Fukushima Senta*) in Uchigo.

This centre is open on Sundays and all national holidays from 9am to 12pm and 1pm to 4pm. The reception closes at 3:30pm.

For more information please contact the centre on 27-8620.

After Hours and Holiday Emergency Treatment Centre

(Located in the **General Health and Welfare Centre** as of 1 June 2017)

If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and Holiday Emergency Treatment Centre** is open at the following times:

Weekdays: 8pm – 11pm.

Saturdays: 8pm - 7am (next day).

Sundays: 2pm – 6pm, 7pm – 11pm.

Public Holidays: 9am – 1pm, 2pm – 6pm, 7pm – 11pm.

TEL: 27-1208

Please make sure whenever possible to bring a Japanese-speaker with you when visiting the hospital in Iwaki.

Emergency Contact Numbers

Police: 110

Fire & Ambulance: 119

Children Emergency, First-Aid Telephone Consultations

The Fukushima Prefecture Children Emergency, First-Aid Telephone Consultation Centre (*Fukushima-ken Kodomo Kyukyuu Denwa Sodan*) is a free telephone service that provides professional advice when your child has become sick during the night. This telephone service is available in Japanese only.








TEL: 024-521-3790 or #8000

From 7pm to 8am (next day).

Event Calendar for October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Iwaki Global Citizens' Festival Iwaki Local Products Exhibition	2	3	4 IIA Japanese Speaking Course 2 IIA Japanese Reading Course 2  	5 IIA Japanese Writing Course 2 IIA Japanese Communication Course 2 	6	7
8	9 Health-Sports Day 	10  	11 IIA Japanese Speaking Course 3 IIA Japanese Reading Course 3   	12 IIA Japanese Writing Course 3 IIA Japanese Communication Course 3 	13	14
15 IIA Etiquette Cafe	16	17 	18 IIA Japanese Speaking Course 4 IIA Japanese Reading Course 4  	19 IIA Japanese Writing Course 4 IIA Japanese Communication Course 4 	20 Onigajo Light-Up 	21 Machinaka Concert in Taira Onigajo Light-Up 
22 Machinaka Concert in Taira Onigajo Light-Up 	23	24	25 IIA Japanese Speaking Course 5 IIA Japanese Reading Course 5   	26 IIA Japanese Writing Course 5 IIA Japanese Communication Course 5  	27 Onigajo Light-Up 	28 IIA Useful Japanese for Tea Ceremonies Iwaki Community Exchange Festival Onigajo Light-Up 
29 IIA Stress Relief through Finger Painting Onigajo Light-Up 	30	31		<div style="border: 1px solid black; border-radius: 15px; padding: 10px; width: fit-content; margin: auto;"> <p>Light-up from 5pm-8pm Fri-Sun from 20 Oct-12 Nov Inquiries: Iwaki Onigajo Village TEL: 0246-84-2288 Email: iwakinosato@onigajo.com</p> </div>		

IIA Custom Made Plans

-  Très bien – Inquiries to Yamazaki-san 090-1934-0506
-  Yu no Hanakai – Inquiries to Ohba-san 0246-42-2135
-  Lac lăm Thai - Inquiries to Aizawa-san 090-6629-7225
-  Interpreters in the Making – Inquiries to Nishiyama-san 090-7197-1913
-  Medaka no Kai – Inquiries to Ishikawa-san 080-1659-6637
-  Cape Town – Inquiries to Kashiwbara-san 090-9320-5177
-  Parang-Sae – Inquiries to Takagi-san 090-2364-4970

#Please confirm the event date with the relevant representative if you're participating for the first time



Legal Consultations:

Iwaki City Hall provides free general legal consultations. Scheduled days are as listed on the calendar; however these are subject to change. Please contact **City Hall (Hometown Revitalisation Division TEL 0246-22-7438)** and confirm the date, time and place. Reservations are required for consultations.
 For Iwaki City Council of Social Welfare consultations (held at the **Social Welfare Centre**), please contact 0246-23-3320.

Other Legal Support for Foreign Residents

Japan Legal Support Centre (Houterasu)
 Futaba Sub-branch Office (Iwaki within this jurisdiction) – 050-3381-3805
 Fukushima District Office – 050-3383-5540
Fukushima Bar Association Iwaki Branch Office – 0246-22-1320