

Time Out



Iwaki City Monthly Event & Information Guide

Volume 301 November 2016

TOWNSVILLE THEATRE COMPANY'S PERFORMANCE OF HAMLET

The Theatre Company TheatreINQ from Townsville, Iwaki's sister city in Australia, performed Shakespeare's *Hamlet* at Alios on 9 October. The performance was held as part of Iwaki and Townsville's cultural exchange program, but also had the additional significance of celebrating the 25th anniversary of sister city relations between the two cities.

The cast included ten members of the theatre company and also three high school students from Fukushima College who had previously visited Townsville to study English and rehearse with the company.



The theatre was filled with a large audience as well as a large number of high school students who had participated in drama classes with the actors over the course of that week. Japanese text was also provided to allow the audience to follow the play due to the complex English used in Shakespeare's works. After the performance, members of the audience also had a chance to meet and take photos with the Aussies.

You don't often get the chance to meet this many international performers in Iwaki. So be sure not to miss out on any similar events in the future.

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Time Out is produced by the
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The Tourism Exchange Division and the IIA are open to the public. Please feel free to drop by, call, or e-mail us anytime. Website:
<http://www.iaa-fukushima.or.jp>;
<http://www.city.iwaki.lg.jp/www/index.html>

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さんを歓迎します。お気軽にお立ち寄り下さい。お電話、
e-mail をお待ちしております。

Festivals & Events



Your guide to what's happening around Iwaki City and beyond this month

Iwaki

3rd November: Ancient-themed Festival @ Iwaki City Archaeological Centre, Joban. From 9:30am-3pm. Held on the Culture Day public holiday. A number of interactive events are on offer. You can try making your own magatama bead necklace, haniwa terracotta clay dolls (reservation required) and accessories made from deer antlers. Archery and ancient fire starting activities as well as Jomon-style hot pot are also on offer. Entry is free, but fees apply for the activities. For inquiries, please contact the Iwaki City Archaeological Centre: TEL 0246-43-0391.

4th November: Magical Hawaiians Anime Project and Cosplay Contest @ Water Park and Beach Theatre in Spa Resort Hawaiians. From 10am-5pm. Anime company Fukushima Gainax is coming to Iwaki as part of its prefecture-wide Magical Fukushima event. Includes a presentation of an original anime, talk-shows by anime voice actors and a cosplay contest. Entry into Hawaiians is discounted for those who come in cosplay. For inquiries, please contact Fukushima Gainax: TEL 0247-61-6341.

4th November: Magical Harbour Night Onahama @ Aquamarine Park. From 5-9pm. Enjoy a premiere viewing of the anime *Shiokaze-Sawakaze*. This Gainax-produced anime pays homage to the Japanese destroyers *Shiokaze* and *Sawakaze* which were scuttled after WWII and now serve a peaceful role as part of the Onahama port seawalls. A special stage will be set up with live events and a screening of the classic anime *Gunbuster*. Entry is free. For inquiries, please contact Fukushima Gainax: TEL 0247-61-6341.

5th November: "Kizuna" Relay Marathon in Iwaki @ Community Park Area of 21st Century Forest Park, Joban. From 10am until about 2pm. This event is held to celebrate 100 days until the Iwaki Sunshine Marathon (to be held next year on 12th February). Teams of 4-10 members will attempt to complete the equivalent distance of a full marathon by running multiple laps around a 450m course. Applications to participate in the relay have closed, but you are free to come and cheer on the runners. For inquiries, please contact the Sunshine Marathon Executive Committee: TEL 0246-22-7607. Email: info@iwaki-marathon.jp.

6th November: Tour de Iwaki @ Aquamarine Park, Taira Central Park and various other locations around Iwaki. From 7:20am-4pm. Applications to participate have closed, but you are free to support the cyclists as they tour in one of three courses around the city. Starting and finishing at Aquamarine Park, they will cycle through Yumoto, Taira, and down the coastline from Yotsukura. For inquiries, please email tourdeiwaki@gmail.com.

6th November: Chef's Kitchen in Iwaki @ Mori no Kitchen in Wonder Farm, Yotsukura. Lunch from 11am-12:30pm and again from 1:15-2:45pm. Dinner from 5:30-7:30pm. Four chefs - three Tokyo chefs who master in Japanese "Washoku", French and Chinese cuisine, and Iwaki's own master chef in French cuisine Harutomo Hagi - will provide a colourful array of dishes in a buffet-style course. The lunch buffet is ¥2000 and the dinner buffet is ¥6000 per person. Limit of 100 people per course. Reservation required. For inquiries, please contact the Ryori Masters' Club: TEL 03-3568-2475.

13th November: Alios Park Festival @ Taira Central Park (in front of Alios). From 11am-4pm. This is the last Alios Park Festival until April next year. There will be stalls selling food and drinks, works of art and handicrafts. There is a live stage with various performances by local DJs and dance groups. For inquiries, please email parkfesinfo@gmail.com. Website: <http://ameblo.jp/parkfes-iwaki/>.

19th-20th November: Tabito Hokkori Festival @ Tabito Community Centre. From 10am-3pm on the 19th and 9am-2pm on the 20th. There will be a food stalls offering fresh produce and a stage with taiko drums, hula dancing, karaoke contest and other performances. You will also have a chance to experience horseriding or riding a quad bike and you can also join in a bus tour around Tabito. For inquiries, please contact the Tabito Reconstruction Executive Committee: TEL 0246-69-2111.

**The following event information may be subject to cancellations or changes. Before attending any events please confirm with the event sponsors in advance.*

Iwaki Sunshine-ology

Would you like to learn more about Iwaki's history and culture?

To celebrate 50 years since the formation of Iwaki City, the Iwaki Sunshine Expo will be holding a series of lectures in "Iwaki Sunshine-ology", where you will be able to discover interesting things about Iwaki's past and present and think about the city's future. The following lectures are all held on Saturday.



Iwaki Sunshine-ology Curriculum

- 5th November: "Iwaki during the end of the Edo Period as Experienced by Joseph Neesima."
(Large Meeting Room, Iwaki Cultural Centre)
- 12th November: "Studying the history of modern literature in Iwaki: from Bocho Yamamura to Kusano Shimpei."
(Lecture Room 3-201, Iwaki Meisei University)
- 3rd December: "Iwaki and the Advent of the Rail Era."
(Conference Room, Iwaki Business Innovation Centre, 6th floor of Latov)
- 10th December: "Era of Shiramizu Amidado."
(Lecture Room 3-201, Iwaki Meisei University)
- 17th December: "The Ever-changing Ports and Fisheries Industry."
(Lecture Room 3-201, Iwaki Meisei University)
- 14th January: "Heizo Katayose: The Father of Iwaki's Coal Industry."
(Seminar Room, Iwaki Business Innovation Centre, 6th floor of Latov)
- 28th January: "The Era of Heavenly-crowned Terracotta Dolls and Nakata Caves."
(Planning Exhibition Hall, Iwaki Business Innovation Centre, 6th floor of Latov)

Time: 2:00pm-3:30pm (registration from 1:30pm)

Fee: Free

Capacity: 50 people for each seminar

Applications:

Email or fax the application form to the Iwaki Sunshine Expo Executive Committee (Fax: 0246-44-6546).

Alternatively, you can send an email with the subject title of "Application for Iwaki Sunshine-gaku" with your name, address, contact number, email address and the dates of the courses that you'd like to attend, to soumu@iwaki-kankou.or.jp.

Inquiries:

Iwaki Sunshine Expo Executive Committee
TEL: 0246-44-6545

City-wide Comprehensive Disaster Evacuation Drill

This drill will be carried out in order to help raise awareness and improve everyone's knowledge about disaster prevention. This citizen-led community initiative will be carried out across 11 districts in Iwaki with the aim of reinforcing regional disaster prevention.

Time and Date: 5 November from 8:30am until noon

Hypothetical disaster: An earthquake with a seismic intensity of 6-upper has occurred. A major tsunami warning has been issued and there are tell-tale signs that a landslide might occur in landslide prone areas.

Emergency broadcasts: In addition to an emergency siren which will sound from the Disaster Prevention and Administrations Radio Communication System, there will also be emergency warning emails sent out and an FM Iwaki radio emergency broadcast from 8:30am.

Districts: Taira, Onahama, Nakoso, Joban, Uchigo, Ogawa, Yoshima, Miwa, Hisanohama and Ohisa

*Tono to hold its drill on 29 October

*Yotsukura and Kawamae to hold nuclear disaster evacuation drill on 29 October

IMPORTANT

Whenever a disaster occurs, it's important to remember not to panic and act calm and appropriately to help reduce any damage. Practicing disaster drills also helps in preventing disasters.



Inquiries:

Disaster Response Section of the Risk Management Division
TEL: 22-1242

Iwaki International Association Events

For applications and more information on IIA events, please contact the IIA.
TEL: 0246-22-7409 FAX: 0246-22-7581 Email: info@iia-fukushima.or.jp Website: www.iia-fukushima.or.jp/

LEGAL SYSTEM SEMINAR AND PSYCHIATRY SEMINAR

Legal System Seminar

Do you have any anxieties in the lead up to starting a new job? Or perhaps you have been caught up in some trouble at your current job? Do you want to know how you can solve these issues?



Lawyer Ms. Suganami will help teach you how to solve such issues and also how to prevent them from happening in the first place.

Psychiatry Seminar

On the afternoon of the same day, the Psychiatry Seminar will be held in two parts. For the first part, Ms. Habu, financial planner, will be invited to hold a seminar with the theme of "How much do educational loans cost?"

For the second part, Ms. Ukawa, clinical psychologist, will hold a seminar with the theme of "Supporting your child's learning – how to develop and raise your child".



Date: Wednesday 14 December

Time: Legal System Seminar from 10:00am-12:00pm; Psychiatry Seminar from 1:00-3:45pm

Venue: Meeting room inside the Iwaki City Cultural Centre (scheduled)

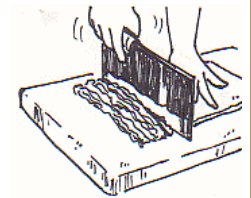
Fee: (For each seminar) 500 yen for IIA Members (including foreign residents), 1000 yen for non-members

Soba Cafe

Why not make your way out of the city centre to have a go at making soba by hand, while taking in the autumn atmosphere and enjoying the beautiful autumn leaves of Kawamae? Let's savour autumn in Iwaki together!

You may choose to travel by car, enjoying the drive along the way, or take a carefree ride on the train, enjoying the autumn scenery through the window. We will meet at Kawamae Community Centre, close to Kawamae Station.

- Date:** Saturday 19 November
Time: 10:00am – 2:00pm
Venue: Iwaki City Kawamae Community Centre (79 Kunugitachi, Kawamae-machi Kawamae)
Instructor: Members of the Kawamae Soba-making Study Group
Content: Soba-making
Fee: ¥500 (for food cost)
*You must cover your own transportation costs to the venue
Participants: Anyone is free to participate (welcome to foreign residents)
Capacity: 30 people (primary school age and above)
Applications: Please apply by Monday 7 November. If capacity is reached, applicants will be decided by lottery.
Please apply by phone, fax or email.



Getting there by train:

We will depart from Iwaki Station on the 8:41am train. Please meet us in front of the ticket gates of Iwaki Station **no later than 8:20am.**

*Please do not arrive late to the meeting point

Getting there by car:

Please arrive at the Kawamae Community Centre **no later than 9:30am.**

Legal Consultations:

Iwaki City Hall provides free general legal consultations. Scheduled days are as listed on the calendar; however these are subject to change. Please contact City Hall (Hometown Revitalisation Division TEL 0246-22-7438) and confirm the date, time and place. Reservations are required for consultations.

From the Editor

Did anyone else notice how sudden this year's transition from the hotter to colder weather was? I was still getting by comfortably in shorts and a t-shirt around early October, but we've finally reached the jacket-wearing part of autumn.

And of course nothing reminds us of this season more than the colourful leaves at this time of year. One place worth visiting in Iwaki for the autumn leaves is Kawamae, which is about 50 minutes away from the city centre by car and 30 minutes away by train from Iwaki Station on the Ban'etsu Line. There is a hiking event starting at 9:30am from Kawamae Station on 6 November (inquiries: Kawamae Branch Office 84-2111). You can also try your hand at making soba in the IIA's Soba Café (details above). But of course there are many other places and ways you can appreciate the autumn leaves around the city if you wander around.

Also don't forget to send any ideas and suggestions for things to include or ways to improve Time Out. I already have a few things in mind for next year's editions so watch this space!



Iwaki Hospital Guide



The following is a guide to hospitals open on Sundays and public holidays in Iwaki City during November and early December

November Guide

Thursday 3 November

Taira Area	New Town Jin-Naika Clinic (internal & nephrology)	9-12	46-0606
Taira Area	Shiga Seikeigeka-Geka (orthopaedics & surgery)	9-12	23-5050
Onahama Area	Yokodai Clinic	9-5	55-5150
Nakoso Area	Sukegawa Naika Clinic (internal)	9-5	77-0710
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175

Sunday 6 November

Taira Area	Shimada Ganka lin	9-12	22-1677
Taira Area	Yamaguchi lin	9-5	24-1811
Onahama Area	Kadoya Seikei-Naika (orthopaedics & internal)	9-5	54-4047
Nakoso Area	Yabuki Hospital	9-5	63-1818
Joban Area	Haruyama lin	9-5	44-4011
Taira Area	Fukuda Shonika lin (paediatrics)	9-12	22-4272

Sunday 13 November

Taira Area	Aratame Hospital	10-4	28-1222
Taira Area	Takahashi Clinic	9-5	46-1231
Onahama Area	Nakamura Hospital	9-5	53-3141
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Nakoso Area	Mori no Kodomo Clinic (paediatrics)	9-12	38-7227

Sunday 20 November

Taira Area	Yamaguchi lin	9-5	24-1811
Onahama Area	Iwaki Central Clinic	9-5	53-3511
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Hakozaki lin	9-5	42-3131
Uchigo Area	Aihara Shonika lin (paediatrics)	9-12	26-5551

Wednesday 23 November

Uchigo Area	Suda lin	8:30-12	27-6060
Taira Area	Hasegawa Seikeigeka lin (orthopaedic surgery)	9-12	25-5691
Onahama Area	Onahama Seikyo Hospital	9-5	53-4374
Nakoso Area	Hanada Naika Clinic (internal)	9-5	62-5000
Joban Area	Iwaki Kusakidai General Clinic	9-5	28-1145

Sunday 27 November

Taira Area	Chuodai Tanaka Ganka (ophthamology)	9-2	29-1722
Taira Area	Endo Clinic	9-5	35-3533
Onahama Area	Michiya Naika Ichoka (internal & gastroenterology)	9-5	58-4180
Nakoso Area	Nakoso Hospital	9-5	65-7755
Joban Area	Oriuchi lin	9-5	44-1133
Onahama Area	Kodomo Clinic Suzuki (paediatrics)	9-12	56-6336

December Guide

Sunday 4 December

Taira Area	Shirai Geka Ichoka Iin (surgery & gastroenterology)	8:30-12	25-3788
Taira Area	Shiga Seikeigeka-Geka (orthopaedics & surgery)	9-12	23-5050
Onahama Area	Ishii Iin	9-5	54-5330
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Seki Seikei Geka Clinic (surgery)	9-5	84-9905
Nakoso Area	Ohara Kodomo Clinic (paediatrics)	9-12	63-0001

Sunday 11 December

Taira Area	Takahashi Clinic	9-5	46-1231
Onahama Area	Kashima Hospital	9-5	58-8010
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Joban Area	Muramatsu Shonika (paediatrics)	9-12	72-0707

Counselling Service for Foreigners

Yorisoi Hotline (Helpline for Foreigners): Consultation service available in Japanese, English, Korean, Tagalog, Chinese, Spanish, Portuguese and Thai. Available languages vary depending on time. Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement or human trafficking? Please call us about any problem you may have. Your privacy will be protected. Free. TEL: 0120-279-226. Mon-Fri, 10am-10pm.

TELL Lifeline: TELL is a professional non-profit organisation that provides counselling to English-speaking foreigners all over Japan. The lifeline is staffed by highly trained volunteer phone counsellors and provides free, non-judgemental and confidential phone counselling and information 365 days a year from 9am - 11pm.

TEL: 03-5774-0992. For more information, check out their website at <http://www.telljp.com> or e-mail them at admin@telljp.com.

Safety and Consultation Centre for Women (Police Box in front of Iwaki Station): For consultations related to women's safety. Free. Can only speak Japanese. 10am-6pm daily.

TEL: 0246-25-9344.

Emergencies

Emergency Dental Care

All emergency dental care will be provided at the **General Health and Welfare Centre (Sogo Hoken Fukushi Senta)** in Uchigo.

This centre is open on Sundays and all national holidays from 9am to 12pm and 1pm to 4pm. The reception closes at 3:30pm.

For more information please contact the centre on 27-8620.

After Hours and Holiday Emergency Treatment Centre

(Located in Iwaki Kyoritsu Hospital)

If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and Holiday Emergency Treatment Centre** is open at the following times:

Weekdays: 8pm - 12am.

Saturdays: 8pm - 7am (next day).

Sundays: 1pm - 12am.

Public Holidays: 9am - 12am.

TEL: 27-1208

Please make sure whenever possible to bring a Japanese-speaker with you when visiting the hospital in Iwaki.

Emergency Contact Numbers

Police: 110

Fire & Ambulance: 119

Children Emergency, First-Aid Telephone Consultations

The Fukushima Prefecture Children Emergency, First-Aid Telephone Consultation Centre (*Fukushima-ken Kodomo Kyukyu Denwa Sodan*) is a free telephone service that provides professional advice when your child has become sick during the night. This telephone service is available in Japanese only.

TEL: 024-521-3790 or #8000

From 7pm to 8am.

NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 30	Oct 31	1 IIA Volunteer Interpreter Training Workshop 5	2 Vietnamese Class 1 IIA Japanese Speaking Class 6 IIA Japanese Communication Class 6	3 Culture Day 	4	5 Iwaki Sunshine-ology Lecture 1 (Cultural Centre) 
6	7	8 IIA Korean Cooking Class	9 Vietnamese Class 2 IIA Japanese Speaking Class 7 IIA Japanese Communication Class 7  Free Legal Consultations (City Hall)	10 IIA Japanese Reading Class 6 IIA Japanese Writing Class 6  Yu no Hanakai	11	12 Iwaki Sunshine-ology Lecture 2 (Meisei University) 
13	14	15	16 Vietnamese Class 3 IIA Japanese Speaking Class 8 IIA Japanese Communication Class 8  Free Legal Consultations (City Hall)	17 IIA Japanese Reading Class 7 IIA Japanese Writing Class 7  Yu no Hanakai	18	19 IIA Soba Cafe
20	21	22 	23 Labour Thanksgiving Day 	24 IIA Japanese Reading Class 8 IIA Japanese Writing Class 8  Yu no Hanakai  Lac lam Thai	25	26
27	28	29	30 IIA Japanese Speaking Class 9 IIA Japanese Communication Class 9  Très bien	1	2	3 Iwaki Sunshine-ology Lecture 3 (Latov 6F) 

IIA Custom-made Plans



Très bien – Inquiries to Yamazaki-san
090-1934-0506



Yu no Hanakai – Inquiries to Ohba-san
0246-42-2135



Nihongo no Kai – Inquiries to Suzuki-san
0246-62-3218



Lac lam Thai - Inquiries to Nakano-san
090-2881-4433



Please confirm the event date with the relevant representative if you're participating for the first time

