

Time Out



Iwaki City Monthly Event & Information Guide

Volume 281 March 2015

Iwaki Sunshine Marathon



The Sixth Iwaki Sunshine Marathon was held on Sunday, February 8. A record 8,583 runners participated on the day, with 5,874 of them taking part in the full marathon. As well as the full marathon, there was a 10km, 5km, 2km, and 2km parent-and-child division.

Winners of both the men's and women's divisions set new record times for the Sunshine Marathon. Shun Suzuki from Yamagata Prefecture came in first place in the men's division at 2:19:01. The winner of the women's division was Victoria Beck with a time of 2:47:38. Beck participated as an exchange athlete from Iwaki's sister city of Townsville, Australia, to participate in the race.



Also participating on the day as a guest runner was Olympic medallist Eric Wainaina (pictured above, right) from Kenya. Wainaina took the bronze in the 1996 Atlanta Olympic marathon and the silver in the 2000 Sydney Olympic marathon.

While it was cloudy throughout and did start to rain part-way through the marathon, the weather was not enough to keep the runners from getting out there and enjoying the day. While the weather did not quite fit the title of "Sunshine Marathon", it was still a welcome improvement from last year's marathon, which unfortunately had to be cancelled due to heavy snow.

Well done to all the runners and many thanks to all the volunteers who helped make the event possible!

Inside this issue...



Festivals & Events	2
Entertainment Guide	3
Hospital Information	4
Japan Today	5
General Notices	6
Kanji Corner	7
March Events Calendar	8

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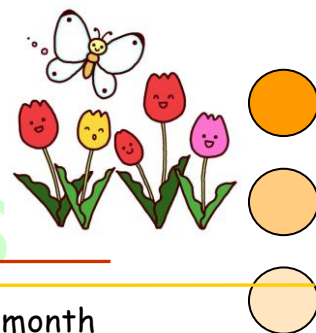
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さんを歓迎します。お気軽にお立ち寄り下さい。お電話、
e-mailをお待ちしています。

Festivals & Events



Your guide to what's happening around Iwaki City and beyond this month

Iwaki

****Please refer to page 3 for events on at Alios and page 6 for more events.**

March 5th to 29th: The People and City of Iwaki Exhibition @ 2nd floor Live Iwaki Museum, Iwaki La La Mew, Onahama. This is an exhibition of illustrations of Iwaki City and its people, drawn to express the hope for recovery from the Great East Japan Earthquake. For inquiries, please contact Iwaki La La Mew: TEL 0246-92-3701.

March 7th to 29th: Fukushima Stars and Moon Photo Contest Exhibition @ 2nd floor Citizens' Gallery, Iwaki La La Mew, Onahama. This is an exhibition of photos submitted to a photo contest of "beautiful photos of the stars and moon taken from within Fukushima Prefecture". For inquiries, please contact Iwaki La La Mew: TEL 0246-92-3701.

March 14th and 21st: Small Pedestrian Mall @ Patio Street Ministop, Hana no Mai, Maneki Neko Parking lot; Ueda. From 3pm to 4:30pm. There will be local produce for sale. For inquiries, please contact Ueda Merchants' Association: TEL 0246-62-5539.

March 21st and 22nd: Around the World of Poetry with Ryoichi Wago @ Small Auditorium, Kusano Shinpei Memorial Literature Centre, Ogawa-machi. There is a lecture on the Saturday from 2pm to 3:30pm. The lecture is free and does not require application in advance. On the Sunday there will be a poetry workshop from 10am to 12 noon and again from 1pm to 3pm. The workshops are free but you must apply in advance to guarantee a place. For inquiries, please contact the Kusano Shinpei Memorial Literature Centre: TEL 0246-83-0005 E-mail info@k-shimpei.jp

March 21st to April 5th: Spring Festival @ Aquamarine Fukushima, Onahama. There will be exhibitions of animals related to flowers as well as actual spring flowers in bloom. There will also be an exhibition and events related to a new facility scheduled to open at the aquarium this summer. Admission to the aquarium is 1,600 yen for adults and 800 yen for students. Separate fees are required for some events. For inquiries, please contact Aquamarine Fukushima: TEL 0246-73-2525.

In the surrounding areas

March 19th to 22nd: Tsurugajo Projection Mapping @ Tsuruga-jo Park, Aizuwakamatsu. This year will be the third time Tsurugajo Projection Mapping is held. This time, the legend of the akabeko will be projected onto the castle. Application in advance is essential for this event. For inquiries, please contact Aizuwakamatsu Tourism Bureau: TEL 0242-23-8000.

March 21st: Bandai Shrine Fune-hiki Festival and Shrine Maidens' Ceremonial Dance @ Bandai Shrine, Bandai-town. The maidens' ceremonial dance is from 12:40pm, taiko performance from 1:30pm and the fune-hiki festival is from 2pm. This festival is carried out to predict crop yield for the following year. Fune-hiki is a tug-of-war contest that is carried out three times. If the team on the east side wins, it means that it will be a bountiful crop that year. If the west team wins, it means that the price of rice will rise. This festival is designated as an Important Intangible Folk Cultural Asset of Fukushima Prefecture. For inquiries, please contact the Bandai Town Tourism Association: TEL 0242-74-1214.

March 21st: Aizuwakamatsu Lion Dance Festival @ Tsuruga-jo Castle, Amida Temple and around the city of Aizuwakamatsu. From 10:30am. Marking an end to the long winter, this festival is held during the vernal equinox period. The three lions will make their way around the city, dancing to traditional music played on flutes and drums. The dance serves as a prayer for household safety and a bountiful harvest, as well as a celebration of the arrival of spring. For inquiries, please contact the Aizu Festival Association: TEL 0242-23-4141. Website:

Entertainment Guide



ON @ ALIOS



March TV Movie Picks

Fri 13	Bronco Billy	Clint Eastwood	BSP	1:00pm
Fri 13	Juno	Ellen Page	BSP	11:45pm
Tue 17	The Price of Power (Italian)	Giuliano Gemma	BSP	1:00pm
Tue 17	Train Brain Express (Japanese)	Kenichi Matsuyama	BSP	9:00pm
Wed 18	Windtalkers	Nicolas Cage	BSP	1:00pm
Thu 19	Tokugawa Ieyasu (Japanese)	Yorozuya Kinnosuke	BSP	1:00pm
Fri 20	The Seven Year Itch	Marilyn Monroe	BSP	1:00pm
Fri 20	Me and You and Everyone We Know	Miranda July	BSP	11:45pm
Mon 23	Mr. Baseball	Ken Takakura	BSP	9:00pm
Tue 24	The Man from Laramie	James Stewart	BSP	1:00pm
Wed 25	Wait Until Dark	Audrey Hepburn	BSP	1:00pm
Thu 26	Doku-ganryu Masamune (Japanese)	Yorozuya Kinnosuke	BSP	1:00pm
Fri 27	Mrs. Palfrey at the Claremont	Joan Plowright	BSP	1:00pm
Fri 27	Karasu no Oyayubi (Japanese)	Hiroshi Abe	BSP	11:15pm
Mon 30	Bagdad Café	Marianne Sägebrecht	BSP	1:00pm
Mon 30	E.T. the Extra-Terrestrial	Dee Wallace	BSP	9:00pm
Tue 31	Monte Walsh (1970)	Lee Marvin	BSP	1:00pm

Movie names, times and other information are believed to be correct at the time of printing. However, information changes quickly, so please confirm before making plans.

Pole Pole Cinemas are located in the Sekaikan Building near Iwaki Station. Adults: ¥1800; university and SHS: ¥1400; seniors (sixty years and older), JHS and under: ¥1000. The first of every month is discount day: ¥1000.

Movies after 6:30pm are ¥1000 (¥800 for JHS and under). Monday is Men's Day ¥1000, Wednesday is Student's Day ¥1000, Thursday is Couple's Day ¥2000 (per couple), and Friday is Ladies' Day ¥1000. SHS friends discount ¥1000 each for groups of 3 or more SHS students. Married couples with at least one member over 50 ¥2000 (per couple). Discount for people with disabilities ¥800 (also applies to one companion). 3D films cost an additional ¥300.

- Sun 15 "Power to the People"**
Film screening
After the film there will be the chance to discuss locally generated energy. Small theatre. From 1pm (doors open at 12:30pm). Tickets: ¥999.
- Sat 21 Virtus Quartet**
The Eighth Iwaki Regular Concert
Recital Hall. From 7pm (doors open at 6:30pm). Tickets: ¥4,500, students ¥2,000.
- Sun 22 Junpei Oda & Shinobu Kakyoin Concert**
Main Theatre. From 12 noon (doors open at 11:30am). Tickets: A ¥4,000, B ¥2,000.
- Sat 28 Spring Concert**
Recital Hall. From 1:30pm. Free entry.
- Sat 28 Yoshinari Nishio Artist Talk**
Nationally and internationally active Artist Yoshinari Nishio talks about fashion and art.
Canteen. From 4pm to 6pm (doors open at 3:45pm). Free entry.

Alios Ticket Centre: 0246-22-5800

For further details including a complete schedule of events at Alios, please visit the website: <http://iwaki-alios.jp/> (Japanese)

Movies@ Pole Pole Iwaki



- Doraemon: Nobita's Space Heroes (Japanese)**
Wasabi Mizuta
- Solomon's Perjury (Japanese)**
Ryoko Fujino
- Fifty Shades of Grey (Languages not released at time of printing)**
Until March 19
Dakota Johnson
- Teenage Mutant Ninja Turtles (2D-English, 3D-Japanese Dub)**
Until March 20
Megan Fox
- Mortdecai (English, Japanese Dub)** *Until March 20*
Johnny Depp
- Joker Game (Japanese)** *Until March 27*
Kazuya Kamenashi
- Shimajiro and the Big Tree (Japanese)** *From March 13*
Omni Minami
- Strobe Edge (Japanese)** *From March 14*
Sota Fukushi
- Into the Woods (English)** *From March 14*
Meryl Streep
- Kaze ni Tatsu Lion (Japanese)** *From March 14*
Takao Osawa
- Night at the Museum: Secret of the Tomb (Languages not released at time of printing)**
From March 20
Ben Stiller
- Super Hero Taisen GP: Kamen Rider 3 (Japanese)** *From March 21*
Ryoma Takeuchi
- Assassination Classroom (Japanese)** *From March 21*
Ryosuke Yamada

Pole Pole Ticket Office: 0246-22-3394
Website: <http://www.polepoleiwaki.com/>



Iwaki Hospital Guide



The following is a guide to hospitals open on Sundays and public holidays in Iwaki City during March.

Sunday, March 1			
Taira Area	Takahashi Clinic	9-12, 2-5	46-1231
Taira Area	Yamaguchi Iin	9-12, 2-5	24-1811
Taira Area	Shirai Geka Ichoka Iin (surgery & gastroenterology)	8:30-12	25-3788
Uchigo Area	Suda Iin	8:30-12	27-6060
Onahama Area	Ozaka Clinic	9-5	56-8777
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175
Taira Area	Fukuda Shonika Iin (paediatrics)	9-12	22-4272
Sunday, March 8			
Taira Area	Takahashi Clinic	9-12, 2-5	46-1231
Taira Area	Shirai Geka Ichoka Iin (surgery & gastroenterology)	8:30-12	25-3788
Uchigo Area	Suda Iin	8:30-12	27-6060
Taira Area	Shiga Seikeigeka Geka (orthopaedics & surgery)	9-12	23-5050
Onahama Area	Kazawa Naika Ichoka Iin (internal & gastroenterology)	9-5	54-6200
Nakoso Area	Nakoso Hospital	9-5	65-7755
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Joban Area	Iwaki Kusakidai General Clinic (paediatrics)	9-12	28-1145
Sunday, March 15			
Taira Area	Takahashi Clinic	9-12, 2-5	46-1231
Taira Area	Yamaguchi Iin	9-12, 2-5	24-1811
Taira Area	Shirai Geka Ichoka Iin (surgery & gastroenterology)	8:30-12	25-3788
Uchigo Area	Suda Iin	8:30-12	27-6060
Onahama Area	Kashima Hospital	9-5	58-8010
Nakoso Area	Kojima Jiai Hospital	9-5	63-5141
Joban Area	Kamome Clinic	9-5	28-1010
Nakoso Area	Mori no Kodomo Clinic (paediatrics)	9-12	38-7227
Saturday, March 21			
Uchigo Area	Suda Iin	8:30-12	27-6060
Onahama Area	Onahama Seikyo Hospital	9-5	53-4374
Nakoso Area	Ohara Kodomo Clinic (paediatrics)	9-5	63-0001
Joban Area	Iwaki Kusakidai Sogo Clinic	9-5	28-1145
Sunday, March 22			
Taira Area	Shirai Geka Ichoka Iin (surgery & gastroenterology)	8:30-12	25-3788
Uchigo Area	Suda Iin	8:30-12	27-6060
Onahama Area	Iwaki Chuo Byoin Fuzoku Shinryojo	9-5	53-3511
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Hakozaki Iin	9-5	42-3131
Joban Area	Iwaki Kusakidai General Clinic (paediatrics)	9-12	28-1145
Sunday, March 29			
Taira Area	Takahashi Clinic	9-12, 2-5	46-1231
Taira Area	Sakamoto Seikeigeka Iin (orthopaedic surgery)	9-12, 2-5	38-2830
Taira Area	Shirai Geka Ichoka Iin (surgery & gastroenterology)	8:30-12	25-3788
Uchigo Area	Suda Iin	8:30-12	27-6060
Onahama Area	Nakayama Iin	9-5	55-8141
Nakoso Area	Yabuki Hospital	9-5	63-1818
Joban Area	Oriuchi Iin	9-5	44-1133
Nakoso Area	Ohara Kodomo Clinic (paediatrics)	9-12	63-0001
Sunday, April 5			
Onahama Area	Ochiai Naika Shokakika (internal & gastroenterology)	9-5	73-1171
Nakoso Area	Nakoso Hospital	9-5	65-7755
Joban Area	Seki Seikei Geka Clinic (surgery)	9-5	84-9905
Taira Area	Watanabe Clinic (paediatrics)	9-12	25-1170
Sunday, April 12			
Onahama Area	Kashima Hospital	9-5	58-8010
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Taira Area	Nagai Shonika (paediatrics)	9-12	28-2535
Sunday, April 19			
Onahama Area	Sasaki Naika Ichoka (internal & gastroenterology)	9-5	73-0345
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban area	Soeda Iin	9-5	68-6155
Taira Area	Wakamatsu Iin (paediatrics)	9-12	22-3838

Emergencies

Emergency Dental Care

All emergency dental care will be provided at the **General Health and Welfare Centre (Sogo Hoken Fukushima Senta)** in Uchigo. This centre is open on Sundays and all national holidays from 9am to 12pm and 1pm to 4pm. The reception closes at 3:30pm. For more information please contact the centre on 27-8620.

After Hours and Holiday Emergency Treatment Centre

(Located in Iwaki Kyoritsu Hospital) If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and Holiday Emergency Treatment Centre** is open at the following times:

Weekdays: 8pm - 12am
Saturdays: 8pm - 7am (next day)
Sundays: 1pm - 12am.
Public Holidays: 9am - 12am.
TEL: 27-1208

Please make sure whenever possible to bring a Japanese-speaker with you when visiting the hospital in Iwaki.

Emergency Contact Numbers

Police: 110
Fire & Ambulance: 119

Children Emergency, First-Aid Telephone Consultations

The Fukushima Prefecture Children Emergency, First-Aid Telephone Consultation Centre (*Fukushima-ken Kodomo Kyukyu Denwa Sodan*) is a free telephone service that provides professional advice when your child has become sick during the night. This telephone service is available in Japanese only.

TEL: 024-521-3790
or #8000
From 7pm to 8am.

Counselling Services for Foreigners

Counselling Centre for Women: Counsellors can assist you in Japanese, Chinese, English, Korean, Portuguese, Spanish, Thai and Tagalog. Available languages differ each day. TEL: 050-1501-2803. Mon-Fri, 10am-5pm.

OC NET: Monday, Wednesday and Thursday 7pm - 9pm. TEL: 03-3730-0556. English, Chinese, Portuguese, Korean, Spanish, and Thai.

TELL Lifeline: TELL is a professional non-profit organisation that provides counselling to English-speaking foreigners all over Japan. The Lifeline is staffed by highly trained volunteer phone counsellors and provides free non-judgemental phone counselling and information 365 days a year from 9am to 4pm and 7pm to 11pm. TEL: 03-5774-0992. For more information, check out their website at <http://www.telljp.com> or e-mail them at admin@telljp.com.

Safety and Consultation Centre for Women (Police Box at Iwaki Train Station): For people who have suffered from any crime-related problem or injury. Free. Can only speak Japanese. 10am-6pm daily. TEL: (0246) 23-9344.

Earthquake and Tsunami Early Warning App "Safety Tips"

Japan is prone to frequent natural disasters. The Japan Tourism Agency (JTA) has recently developed "Safety tips", an application to notify users of Earthquake Early Warnings and Tsunami Warnings issued in Japan. Notices are issued in English, so the app is of use to both English-speaking tourists and residents of Japan.



The app also provides various useful functions such as an *evacuation flowchart* showing actions to be taken in the light of your surrounding circumstances, *communication cards* to help you obtain information from the people around you, and *website links* that contain helpful information to access in the event of a disaster.



Safety tips is free and is available on iPhone (iOS 7.0 or later) and Android (Android 4.0 or later). Scan the QR codes to locate the app in the Apple App Store (left) or Google Play (right), or simply search "Safety tips".

For inquiries regarding the Safety tips app, please email the Receiving Foreign Tourists Division of the JTA at Safetytips@mlit.go.jp.

General Notices

2015 Japanese Language Proficiency Test Dates

日本語能力試験
JLPT Japanese-Language Proficiency Test

The Japanese Language Proficiency Test (JLPT) is used to evaluate and certify Japanese ability of non-natives. The JLPT is a great chance to test your Japanese ability, so please give it a try. Application periods and test dates for the JLPT in 2015 have been released and are as follows.



	Test date	Application period
First test	July 5, 2015	March 30 – April 30
Second test	December 6, 2015	September 1 – September 30

You can apply via internet. For details, please check the JLPT website: <http://info.jees-jlpt.jp/>

Resident Card Switchover Deadline Draws Near



A new residency management system began on July 9, 2012. All medium to long-term residents who held the old Alien Registration Card (*gaikokujin torokusho*) must make the switch to the new Resident Card (*zairyu kaado*). The deadline to make the switchover is July 8, 2015.

Please hurry if you have not yet made the switchover.

For further details, please visit the Immigration Bureau of Japan website:

http://www.immi-moj.go.jp/newimmiact_1/index.html

PALM7 Lead-up Event

The 2015 Iwaki Pacific Islands Leaders Meeting (PALM7) will be the first time that a meeting of heads of state is held in Fukushima Prefecture. The summit will be carried out in Iwaki City this May.



As a warm up to PALM7, there will be a variety of events held at Onahama Aquamarine Park on Sunday, March 22nd from 10am to 3pm, two months prior to the opening of the summit.

Events include a sweets contest, using ingredients from the participating countries and Fukushima Prefecture, and PR booths where you can learn about day-to-day life in the various Pacific countries. There will also be the opportunity to help make the welcome banner and photo collage that will be displayed during the summit.



On the stage there will be performances including hula dance performances and a concert featuring songs about islands and the sea. Please come by and enjoy the wide variety of performances.

For further details, please call the Iwaki City Exchange Promotion Office on 0246-22-1279.

Kyūjitai – Old Character Forms

In 1946, reforms to the written Japanese language resulted in a list of *tōyō kanji* (当用漢字) “daily-use kanji” announced by the Japanese government. These standardised characters were to be taught in schools and permitted for use in official government documents. This list was replaced by the *jōyō kanji* (常用漢字) “kanji for common use” in 1981, which was further expanded in 2010 to give us the 2,136 official *jōyō kanji* in use today. Many characters on the *tōyō kanji* and *jōyō kanji* lists are in fact simplified characters known as *shinjitai* (新字体). The older forms that these characters replaced are known as *kyūjitai* (旧字体). The word “*kyūjitai*” even provides a good illustration of the different forms: the two characters 旧 and 体 are both *shinjitai*, their older forms being 舊 and 體 respectively. So, using the old forms, “*kyūjitai*” may be written as “舊字體”.

Some *kyūjitai* you may run into are listed below.

Kyūjitai	Shinjitai	English Meaning	On Reading	Kun Reading
圓	円	yen; circle	エン	まる(い)、まる、まど(か)、まろ(やか)
號	号	number	ゴウ	
國	国	country	コク	くに
學	学	study	ガク	まな(ぶ)
覺	覚	memorise	カク	おぼ(える)、さ(ます)、さ(める)、さと(る)
燈	灯	lamp	トウ	ひ、ともしび、とも(す)、あかり
龍	竜	dragon	リュウ、リョウ	たつ
體	体	body	タイ、テイ	からだ
廣	広	wide	コウ	ひろ(い)、ひろ(まる)、ひろ(める)、ひろ(がる)、ひろ(げる)
櫻	桜	cherry	オウ	さくら
萬	万	ten thousand	マン、バン	よろず
禪	禅	Zen	ゼン	
螢	蛍	firefly	ケイ	ほたる
舊	旧	old times; former	キウ	ふる(い) もと
邊	辺	boundary; vicinity	ヘン	あた(り)、ほと(り)、～べ
讀	読	read	ドク、トク、トウ	よ(む)
賣	売	sell	バイ	う(る)、う(れる)

For more, please see the following list of all *jōyō kanji* by the Ministry of Education, which shows *kyūjitai* in brackets where applicable: http://www.mext.go.jp/b_menu/hakusho/nc/k19811001001/k19811001001.html (Japanese).

Keep in mind that while many common characters were simplified, simplifications were not made uniformly. For example, the character “假” (sham; temporary) was simplified to “仮” while the character “暇” (spare time) was not simplified. Also, simplifications only apply to *jōyō kanji*; kanji that are not covered by the list (表外漢字 *hyōgai kanji*) retain their traditional forms. For example, while “樂” (music; comfort) was simplified to “楽”, the *hyōgai kanji* “轢” (run over) is not simplified by analogy.

As *shinjitai* included on the *jōyō kanji* list have largely replaced their *kyūjitai* counterparts in most writing today, it may not seem like there is much need to study the older forms. However, while it certainly is a good idea to build a strong command of the *jōyō kanji* first, it doesn't hurt to learn a few *kyūjitai* along the way as you are still likely to encounter them from time to time. You are most likely to see *kyūjitai* in proper nouns, such as people's names or on signs at temples. You may be familiar with the newspaper *Yomiuri Shimbun* (読売新聞), whose name is often stylised as “讀賣新聞”. *Kyūjitai* may also be used in some novels and manga for stylistic reasons.

It is probably sufficient to simply learn to be able to read common *kyūjitai* in context as you are unlikely to ever need to write them. However, gaining a little familiarity with *kyūjitai* may help a lot as you learn many new proper nouns. And if you want a real reading challenge, you could try reading pre-war books, something where knowledge of the old character forms is vital.

From the Editor






This year, Vernal Equinox Day (春分の日 *Shunbun no Hi*), which is a national holiday in Japan, will be observed on Saturday, March 21. The vernal equinox is one of two periods in the year when daylight lasts roughly as long as night-time. The great news is that this means we will be able to enjoy longer days as we move into spring.

March is also the end of the fiscal year (年度末 *nendomatsu*) in Japan and is therefore a very busy time of year in for many. There are lots of preparations that have to be made before the beginning of the new fiscal year (年度初め *nendohajime*) on April 1. While this period can entail some stress and long working hours, it is also the time of year when we can first see the sights of spring, so get out there and enjoy them while you can!

Sebastian



MARCH 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9  Southern Cross	10	11	12	13	14  Wa
15	16	17	18	19	20	21 Vernal Equinox Day  Wa
22 PALM7 Lead-up Event	23  Southern Cross	24	25  Très bien	26	27	28
29	30	31	Apr 1	Apr 2	Apr 3	Apr 4



IIA Custom-made Plans



Très bien – Inquiries to Yamazaki-san 090-1934-0506



Wa – Inquiries to Sho-san 070-6493-2859



Southern Cross – Inquiries to
 Hosono-san: thehosonoes@docomo.ne.jp,
 Sebastian: sebastian-w@city.iwaki.fukushima.jp



For more information on any of the IIA events,
 please contact Suko-san 22-7409

April 2015

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		