

Time Out



Iwaki City Monthly Event & Information Guide

Volume 294 April 2016

Memorial performance by Komuso Monks

On Friday, the 11th March, there was a gathering of 24 Komuso Monks who performed using their Shakuhachi flutes. This rare gathering of Komuso Monks from across Japan was part of a memorial ceremony held on Toyoma Port to mark 5 years since the Great East Japan Earthquake.

The ceremony also included a minute silence at the exact time the earthquake occurred, speeches and a chanting of sutras before people began laying flowers in memory of those victims of 3.11. As hundreds of people lay flowers, the Komuso monks played a calm and solemn song against the backdrop of a place that suffered one of Japan's worst disasters.

It was a very sobering experience listening to the Shakuhachi flutes and I wish for Iwaki and Fukushima's further recovery and revitalisation.



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**Time Out is produced by the
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The Tourism Exchange Division and the IIA are open to the public. Please feel free to drop by, call, or e-mail us anytime. Website:
<http://www.iaa-fukushima.or.jp>;
<http://www.city.iwaki.lg.jp/www/index.html>

いわき市役所 観光交流課

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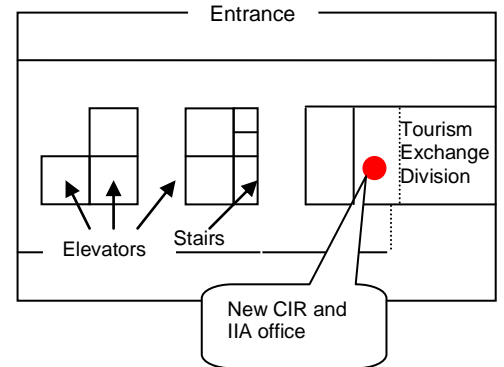
観光交流課及び公益財団法人いわき市国際交流協会は皆さんを歓迎します。お気軽にお立ち寄り下さい。お電話、e-mailをお待ちしています。

Notice from the Iwaki City CIR

As of the 1st of April, the Iwaki City Coordinator of International Relations (CIR) has relocated from the former Coordination and Citizenry Affairs Division (*Shiminkyodoka* 市民協働課) to the Tourism Exchange Division (*Kankokoryuka* 観光交流課). The Tourism Exchange Division can be found on the 5th floor of Iwaki City Hall.

You can find the new contact details on the front page of this edition of Time Out.

Notice: The IIA has also relocated as of the 1st of April to the Tourism Exchange Division.



IIA Japanese Classes Applications now open!

The Spring & Summer term of IIA Japanese language courses will start on the 18th of May. If you are interested, please contact the IIA by the 13th of April.

- A. Speaking Course:**
May 19th to July 21st – Thursdays, 10am-12pm
- B. Writing Course:**
May 19th to July 21st – Thursdays, 1pm-3pm
- C. Reading Course:**
May 18th to July 20th – Wednesdays, 10am-12pm
- D. Communication Course:**
May 18th to July 20th – Wednesdays, 1pm-3pm

Participants: 15 people per class
Number of Classes: 10 classes per course
Class Fee: Free
Course Materials: Textbooks will need to be purchased.
Venue: Lifelong Learning (Shogai Gakushu) Plaza, Level 4, Washington Hotel
Lecturers: Volunteer teachers from IIA members.

Please contact the IIA for more information about the classes. The content of the classes will be adjusted to the level of students. If you are a first-timer to the class, please take the placement test to check your Japanese language level.

Placement Test: Wednesday, April 20th 10am-12pm (reservation required)
Venue: Lifelong Learning (Shogai Gakushu) Plaza

Information Board

The information board is a bulletin board limited to IIA members. You can post anything as long as it is not associated with any profit organisation, religion or political-based. (does not apply to businesses with IIA membership) Please send us your posts by the 20th of each month. We look forward to hearing from you.

Let's Sing Japanese songs together!

We are Pavilion, a singing group at the Iwaki City Lifelong Learning Plaza. We mostly sing Enka songs including "Kita e", "Americabashi", "Kita no Tabibito", but also sing new songs such as "365 Days of Paper Planes". Please come and sing with us.

Practice Days: the 1st, 2nd and 3rd Thursday of every month from 10am-12pm
Venue: Iwaki City Lifelong Learning Plaza
Inquiries: Igari
TEL: 090-8585-8895
email: garigarijapan@gmail.com



Festivals & Events



Your guide to what's happening around Iwaki City and beyond this month

Iwaki

10th April: Alios Park Festival @ Taira Central Park (in front of Alios). From 11am-4pm. This is the first Alios Park Festival for 2016! The festival is held every second Saturday on every month from April to November. There will be stalls selling food and drinks, works of art and handicrafts. There is a live stage with various performances by local DJs and dance groups. The first festival for 2016 will also have street basketball and a one-minute performance contest. For inquiries, please email parkfesinfo@gmail.com. Website: <http://ameblo.jp/parkfes-iwaki/>

16th April: Social Square Uchigo Town Beautification Project @ area around Uchigo Station. From 10-11am. On the third Saturday of every month, people are encouraged to volunteer in picking up litter around Uchigo and help keep the town tidy. For inquiries, please contact Social Square Uchigo: TEL 0246-84-8301. Facebook page: www.facebook.com/greenbird.iwaki

23rd-24th April: Iwaki Balloon Festival @ Wanpaku Open Space, 21st Century Forest Park, Joban. See hot air balloons ascending into the sky. This event aims to show children their own reconstructed city. For inquiries, please contact FSK Public: TEL 024-533-4711

23rd-24th April: Spring Festival @ Iwaki City Flower Centre, Taira. From 10am-4pm. There will be a large variety of events on offer for the festival, including exhibitions, hands-on events and direct markets. Entry is free. For inquiries, please contact the Iwaki City Flower Centre: TEL 0246-22-5667. Email: flowercenter@jobankaihatsu.co.jp

29th April-5th May: Special Night Viewing of Shiramizu Amidado @ Shiramizu Amidado, Uchigo. For a limited time only, see inside the Shiramizu Amidado temple, national treasure of Iwaki, at night and view the Buddhist statues illuminated in gold whilst listening to the chief priest's sermons. Entry into the temple grounds is ¥500 for adults and ¥300 for children. For inquiries, please contact the Shiramizu Amidado temple: TEL 0246-26-7008

From the Editor

At this time of year, you should be able to enjoy viewing the cherry blossoms around Iwaki, signalling the middle of spring. However, just before the ski season has ended, I was fortunate to try out some skiing for the first time at Minowa Ski Resort in Fukushima Prefecture as part of the recent JET study tour in late-February. I received some lessons from the local instructors before hitting the slopes. Being my first time skiing, I fell over many times and my arms and legs were pretty sore the next day, but it was incredibly fun and I want to go again – if not this year then next ski season.

With April also comes the start of the new fiscal year where students enter the next grade of school, graduates enter into various companies and people shift around to different sections of their offices. All the best for a fresh new start this fiscal year!

Ben 弁

Counselling Service for Foreigners

Yoriso Hotline (Helpline for Foreigners): Consultation service available in Japanese, English, Korean, Tagalog, Chinese, Spanish, Portuguese and Thai. Available languages vary depending on time. Are you having a problem with your visa, nationality, family, work, everyday living, discrimination, domestic violence, confinement or human trafficking? Please call us about any problem you may have. Your privacy will be protected.

Free. TEL: 0120-279-226. Mon-Fri, 10am-10pm.

TELL Lifeline: TELL is a professional non-profit organisation that provides counselling to English-speaking foreigners all over Japan. The lifeline is staffed by highly trained volunteer phone counsellors and provides free, non-judgemental and confidential phone counselling and information 365 days a year from 9am - 11pm.

TEL: 03-5774-0992. For more information, check out their website at <http://www.telljp.com> or e-mail them at admin@telljp.com.

Safety and Consultation Centre for Women (Police Box in front of Iwaki Station): For consultations related to women's safety. Free. Can only speak Japanese. 10am-6pm daily.

TEL: 0246-25-9344.



Iwaki Hospital Guide



The following is a guide to hospitals open on Sundays and public holidays in Iwaki City during April and early May

April Guide

Sunday 3 April

Taira Area	Yamaguchi lin	9-5	24-1811
Onahama Area	Kashimura Fujinka Clinic (gynaecology)	9-5	56-2289
Nakoso Area	Kureha General Hospital	9-5	63-2181
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175
Taira Area	Wakamatsu lin (paediatrics)	9-12	22-3838

Sunday 10 April

Taira Area	Takahashi Clinic	9-5	46-1231
Onahama Area	Kashima Hospital	9-5	58-8010
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Taira Area	Nagai Shonika (paediatrics)	9-12	28-2535

Sunday 17 April

Taira Area	Yamaguchi lin	9-5	24-1811
Onahama Area	Takagi Naika lin (internal)	9-5	92-3435
Nakoso Area	Kojima Jiai Hospital	9-5	63-5141
Joban Area	Yoshinari Naika (internal)	9-5	42-2220
Taira Area	Fukuda Shonika lin (paediatrics)	9-12	22-4272

Sunday 24 April

Uchigo Area	Suda lin	8:30-12	27-6060
Taira Area	Sakamoto Seikeigeka lin (orthopaedic surgery)	9-5	38-2830
Onahama Area	Suminoya Riumachi Seikeigeka lin (rheumatology & orthopaedics)	9-5	58-1154
Nakoso Area	Nakoso Hospital	9-5	65-7755
Joban Area	Kazawa Icho Seikeigeka (gastroenterology and orthopaedics)	9-5	42-2198
Joban Area	Muramatsu Shonika (paediatrics)	9-12	72-0707

Friday 29 April

Taira Area	Endo Clinic	9-5	35-3533
Onahama Area	Nakamura Hospital	9-5	53-3141
Nakoso Area	Hanada Naika Clinic (internal)	9-5	62-5000
Joban Area	Iwaki Kusakidai General Clinic (paediatrics)	9-5	28-1145

Emergencies

Emergency Dental Care

All emergency dental care will be provided at the **General Health and Welfare Centre** (*Sogo Hoken Fukushima Senta*) in Uchigo.

This centre is open on Sundays and all national holidays from 9am to 12pm and 1pm to 4pm. The reception closes at 3:30pm.

For more information please contact the centre on 27-8620.

After Hours and Holiday Emergency Treatment Centre

(Located in Iwaki Kyoritsu Hospital)

If you need to see a doctor urgently in the evening or on a weekend or public holiday, the **After Hours and Holiday Emergency Treatment Centre** is open at the following times:

Weekdays: 8pm - 12am

Saturdays: 8pm - 7am (next day)

Sundays: 1pm - 12am.

Public Holidays: 9am - 12am.

Please make sure whenever possible to bring a Japanese- speaker with you when visiting the hospital in Iwaki.

Emergency Contact Numbers

Police: 110

Fire & Ambulance: 119

Children Emergency, First-Aid Telephone Consultations

The Fukushima Prefecture Children Emergency, First-Aid Telephone Consultation Centre (*Fukushima-ken Kodomo Kyukyu Denwa Sodan*) is a free telephone service that provides professional advice when your child has become sick during the night. This telephone service is available in Japanese only.

TEL: 024-521-3790 or #8000

From 7pm to 8am.

May Guide

Sunday 1 May

Taira Area	Shirai Geka Ichoka lin (surgery & gastroenterology)	9:30-12	25-3788
Taira Area	Yoshida Seikeigeka lin (orthopaedic surgery)	9-5	22-6030
Onahama Area	Iwaki Central Hospital Fuzoku Shinryojo	9-5	53-3511
Nakoso Area	Kushida Hospital	9-5	63-3202
Tono Area	Kojima Naika (internal)	9-5	74-1500
Joban Area	Hatano Ganka (ophthamology)	9-5	42-2040
Taira Area	Nagai Shonika (paediatrics)	9-12	28-2535

Tuesday 3 May

Taira Area	New Town Jin-Naika Clinic (internal & nephrology)	9-12	46-0606
Onahama Area	Onahama Seikyo Hospital	9-5	53-4374
Nakoso Area	Kojima Jiai Hospital	9-5	63-5141
Nakoso Area	Matsuzaki Naika (internal medicine)	9-5	63-3358
Joban Area	Tokiwakai Joban Hospital	9-5	43-4175

Wednesday 4 May

Onahama Area	Ishii Noshinkei Geka Ganka Hospital (neurosurgery and ophthamology)	9-5	58-3121
Nakoso Area	Nakoso Hospital	9-5	65-7755
Nakoso Area	Yokogi Naika Ichoka Clinic (internal medicine and gastrology)	9-5	65-1111
Joban Area	Watanabe Sanka Fujinka (obstetrics and gynaecology)	9-5	42-4567

Thursday 5 May

Onahama Area	Kashima Hospital	9-5	58-8010
Nakoso Area	Kureha General Hospital	9-5	63-2181
Nakoso Area	Sato Maternity Clinic (obstetrics)	9-5	65-6900
Joban Area	Joban Jin Hinyoki Clinic (nephrology & urology)	9-5	43-1200

Sunday 8 May

Uchigo Area	Suda lin	8:30-12	27-6060
Taira Area	Shiga Seikeigeka-Geka (orthopaedics & surgery)	9-12	23-5050
Onahama Area	Nagai Seikeigeka (orthopaedic surgery)	9-5	54-7722
Nakoso Area	Yabuki Hospital	9-5	63-1818
Joban Area	Iwaki Yumoto Hospital	9-5	42-3188
Nakoso Area	Mori no Kodomo Clinic (paediatrics)	9-12	38-7227

Sunday 15 May

Taira Area	Chuodai Tanaka Ganka (ophthamology)	9-2	29-1722
Taira Area	Yamaguchi lin	9-5	24-1811
Onahama Area	Fujii lin	9-5	56-2288
Nakoso Area	Kushida Hospital	9-5	63-3202
Joban Area	Kamome Clinic	9-5	28-1010
Joban Area	Muramatsu Shonika (paediatrics)	9-12	72-0707

Legal Consultations:


Iwaki City Hall provides free general legal consultations. Scheduled days are as listed on the calendar; however these are subject to change. Please contact City Hall (Hometown Revitalisation Division TEL 0246-22-7438) and confirm the date, time and place. Reservations are required for consultations.


For Iwaki City Council of Social Welfare consultations (held at the Social Welfare Centre), please contact 0246-23-3320.


APRIL 2016


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Mar	28 Mar	29 Mar	30 Mar	31 Mar	1	2
3	4	5	6 Primary and JHS Entrance Ceremonies Free Legal Consultations (Social Welfare Centre)	7 Yu no Hanakai	8	9 Iwaki Taira Castle Cherry Blossom Festival
10 Iwaki Taira Castle Cherry Blossom Festival	11	12	13 Free Legal Consultations (City Hall)	14 Yu no Hanakai	15	16 Iwaki Taira Castle Cherry Blossom Festival
17 Iwaki Taira Castle Cherry Blossom Festival	18	19	20 IIA Japanese Classes Placement Test Free Legal Consultations (City Hall)	21 Yu no Hanakai Lac lăm Thai	22	23
24	25	26	27 Free Legal Consultations (City Hall) Très bien	28 Yu no Hanakai Lac lăm Thai	29 Showa Day 4月29日  昭和の日	30


IIA Custom-made Plans

 Très bien – Inquiries to Yamazaki-san
090-1934-0506

 Yu no Hanakai – Inquiries to Ohba-san
0246-42-2135

 Nihongo no Kai – Inquiries to Suzuki-san
0246-62-3218

 Lac lăm Thai - Inquiries to Nakano-san
090-2881-4433

 *Please confirm the event date with the relevant representative if you're participating for the first time*

